

A SORT OF SPLENDID TORCH

TCFD'S "BEAUTY AND THE BEAST" ON NATIONAL TELEVISION

Segment Highlights Hurleyville Production

HURLEYVILLE — On Thursday, July 4 The Center for Discovery and its students and residents were the focus of an in-depth and uplifting segment on ABC television's "Good Morning America."

The moving story highlighted the incredible achievements of a group of young men and women with autism and other complex medical conditions who conquered their fears and the stage — and steal the spotlight in a production of Beauty and the Beast. Their success is the culmination of all the work done at The Center, says TCFD Associate Executive Director, Dr. Terry Hamlin.

And, that work is about to change the way complex conditions like autism are treated around the world.

In groundbreaking, ongoing research, students and residents who eat organic, whole food, plant-based diets grown right at TCFD were compared to others.

"What we have found is the gut-microbiome of our children here at The Center for Discovery is stunningly different than the other children in the study... Food is medicine," Dr. Hamlin told ABC Correspondent, Paula Farris.

This gut-microbiome study — with final results due to be released this coming fall — is just one of the bodies of research that will be a part of the new Children's Assessment Hospital and Research Institute for Bio-Behavioral and Environmental Health at TCFD. Some of the world's leading scientists, medical professionals, and educators are already studying stress responses,

medical marijuana in the treatment of drug-resistant epilepsy, and co existing conditions in Autism, Alzheimer's, Dementia and PTSD, which affect brain wellness. TCFD is also working on innovative new tools like indieGo — a universal power wheelchair device that received a Google.org award.

The segment featured snippets of the performance, interviews with parents and staff at The Center, and with some of the incredible cast members on what it means to them to be in such an inspiring production.

About The Center for Discovery

The Center for Discovery (TCFD) is a leading provider of healthcare and education services for more than 1,200 children and adults with complex conditions, medical frailties and Autism Spectrum Disorders, located 90 miles northwest of New York City. Named a Center of Excellence in 2016, TCFD has long been a leader in developing new models of care for individuals with complex conditions. Located on 1,500 acres of land in Sullivan County, TCFD houses school campuses, residences, medical and research facilities, organic and biodynamic farmland, and leased private businesses offering meaningful employment opportunities. Deeply focused on an individual's personal potential and possibilities, rather than a disability, TCFD strives to create better care and unique and challenging opportunities for the most vulnerable populations. For more information about TCFD, please visit <https://thecenterfordiscovery.org/>.



NEW WOODSTOCK MOVIE SCREENS AT BETHEL WOODS

Locals Add Voices to American Experience Production

by John Conway

BETHEL — The new PBS American Experience documentary, "Woodstock: Three Days that Defined a Generation" was unveiled to an appreciative audience at Bethel Woods Center for the Arts on Thursday, July 25. Bethel Woods advertised that the event was sold out, although there were a number of empty seats remaining as the evening unfolded.

The movie features iconic film footage from the Woodstock festival, with commentary provided by way of voiceovers by the festival organizers, attendees, and observers, heard but not seen, including locals such as then-Sullivan County Sheriff Lou Ratner, former County Legislator Leni Binder, Kauneonga Lake storekeepers Art and Marion Vassmer, and many others.

The Bethel Woods website describes the film as turning "the lens back at the audience, at the swarming, impromptu city that grew up overnight on



PHOTO BY JOHN CONWAY

Filmmakers Barak Goodman (left) and Don Kleszy (right) mingle with the audience prior to the screening of "Woodstock: Three Days That Defined a Generation."

a few acres of farm land."

The promotional blurb for the film continues:

"What took place in that teaming mass of humanity — the rain-soaked, starving, tripping, half-a-million strong throng of young people — was nothing less than a miracle of

teamwork, a manifestation of the 'peace and love' festival had touted and a validation of the counter-culture's promise to the world. Who were these kids? What experiences and stories did they carry with them to Bethel, New York that weekend, and how were they

changed by three days at Yasgur's farm?"

The film makes an argument for the festival as more of a social statement than a concert. The narrative suggests that the lesson to be learned from those three days is that people can live in harmony if peace and love are their focus, and while it is referenced, there is no emphasis placed on the tragedies that were no doubt averted only because the outside world rallied with food and medical assistance. Toward the end of the film there is footage of stray festival goers picking up garbage and helping with clean-up, which may seem especially ironic to locals who recall the detritus left in the wake of the festival.

Still, the audience at Bethel Woods applauded at various junctures throughout the film, and gave it a resounding thumbs-up at its conclusion.

"Woodstock: Three Days that Defined a Generation" makes its television premier on the local PBS station, WNET, Channel 13, on Tuesday, August 6 at 9 p.m.

TCFD'S CESARE CASELLA FEATURED IN ICONIC LIFE

Magazine Calls Chef "the Prosciutto Whisperer"

by John Conway

HURLEYVILLE — The Center for Discovery's Chief of Nourishment Arts, Cesare Casella, is the subject of a feature story in the online magazine "Iconic Life."

The magazine is based in Scottsdale, Arizona.

The article, written by the magazine's Livia Hooson, delves into Mr. Casella's passion for "ethical agriculture," as well as his foray into the prosciutto business and his insistence on using only heritage breed American pigs from small family farms.

"If you are in the culinary industry, Casella's name will arouse recognition, otherwise you may have seen him on a handful of television series such as 'Top Chef' and 'After Hours with Daniel Boulud,'" the article begins. "He has opened some of New York's most beloved restaurants, including Beppe and Maremma, he was also a James Beard Foundation nominee for his book about classic Italian cuisine and one of the authors who contributed to the award-winning book 'Feeding the Heart,' a collection of culinary recipes featuring the healing qualities of food and their ingredients for those with complex disabilities. And just



PHOTO PROVIDED BY CESARE CASELLA

his past February, his characteristically juicy, marbled prosciutto won the People's Choice award at the annual Charcuterie Masters festival in New York City."

The article also discusses his role at The Center for Discovery.

"His most proud role has been his position as Chief of DNA (the Department of Nourishment Arts) at The Center for Discovery in the bucolic landscape of upstate New York," Ms. Hooson writes. "He began working with The Center in 2003 as a consultant for specific projects, and in 2012 he helped found the department, bringing together the nutrition team and chefs to create sustainable food grown from their farm."

The full article, including a number of color photographs, can be found online at <https://iconiclife.com/prosciutto-whisperer/>.

CATSKILLS CHALLENGE INCLUDES HURLEYVILLE

Governor Cuomo Comes to Bethel

by John Conway

HURLEYVILLE — The heavily rumored appearance of Governor Andrew Cuomo in Hurleyville never came about, but dozens of bike riders took to the Milk Train Trail on July 11 as part of the fourth annual Catskills Challenge, designed to increase visitation to the area by tourists.

The Governor did arrive at Bethel Woods Center for the Arts on motorcycle—he made the trip from Newburgh—and addressed a large crowd, including local and state officials, announcing this year's

push for boosting tourism. Mr. Cuomo promised to increase spending on advertising through the "I Love NY" campaign.

"I worked in every state in this country when I was in the federal government," Mr. Cuomo said. "And no state has in one place what New York has."

This year's Catskills Challenge featured events at a number of Sullivan County locales besides Hurleyville and Bethel Woods, including Lake Superior State Park in Bethel and the Delaware River.



PHOTO BY JOHN CONWAY

Patrick H. Dollard, President and CEO of The Center for Discovery on ABC's Good Morning America

SULLIVAN TRUSTEES ELECT DROBYSCH CHAIR

LOCH SHELDRAKE — At its annual reorganizational meeting last week, the SUNY Sullivan Board of Trustees elected Steven D. Drobysch as Chair. He succeeds Dr. Theresa Hamlin, who has led the Board since July, 2016 and chose not to seek reelection. Dr. Hamlin will serve as vice chair, the position that Mr. Drobysch had held. The remaining slate of officers includes

Susan Jaffe as Treasurer and Patricia Adams as Secretary.

Mr. Drobysch, who was appointed to the Board by the Sullivan County Legislature, has been a member since 2006, and has previously served as the Board's treasurer. He is Vice President of Commercial Lending for Ulster Savings Bank in Goshen..

Mr. Drobysch also volunteers for other commu-

nity organizations, and has been a board member The Arc Sullivan-Orange Counties for many years and currently serves as president. He is also a past president of the Sullivan-Arc Foundation Board. On a state-wide level, he sits on The Arc New York's Board of Governors and is assistant treasurer. Additionally, he is a board member of The Times Herald-Record's People



PHOTO PROVIDED BY STEPHEN D. DROBYSCH

for People Fund. In 2017, The Arc Sul-

livan-Orange Counties honored Drobysch with the President's Award during its annual Community Recognition Dinner.

"I have every confidence that Steve will continue to move the college forward," Dr. Hamlin said. "Steve places a high priority on the fiscal stewardship of the college, and values the benefits that partnerships and workforce development initia-

tives with the community can bring us."

"Many thanks to Terry for her dedication and leadership during her tenure as Chair," Mr. Drobysch said. "I know I speak on behalf of the entire Board of Trustees when I commend Terry for her selflessness and guidance over the past three years. The college has been able to redirect itself with her at the helm."



PHOTO BY JOHN CONWAY

SUNY Sullivan president Jay Quaintance (right) and his wife Heather were among the bike riders in the Hurleyville segment of the Catskills Challenge.

The Inquiring Photographer

by Kathleen Sullivan



Q. "What do you like most about visiting Hurleyville?" (Asked of non-residents.)



Media Berghout

I like that it's not all chrome, glass and tall buildings. I can commune with nature. I like to take advantage of the Rail Trail. There's a different, "renewed" energy in Hurleyville.



Jordan Sullivan

I love Hurleyville so much because I can visit my grandparents and my aunt. We always have fun adventures.



Terry Maxedon

I like visiting the people in Hurleyville.



Jaiden Sullivan

I like to play with my grandparents' dog, Molly. I also like to sit on the porch and relax.



Lynn Decker and Andrew Frothingham

We like the chocolate chip cookies at the Hurleyville Market, the Hurleyville Rail Trail and the walkable downtown. We enjoy running into friends every time we come to Hurleyville.

FROM THE FALLSBURG LIBRARY

by Kelly Wells & Amanda Letohic



Did you know the Fallsburg Library offers community service hours for volunteers? Summer is our busiest time of year with more programs going on and more books coming and going than any other time of the year. We offer high schoolers the opportunity to earn the hours they need to graduate by being program helpers, shelving books, and doing other various tasks throughout the library. Teens or adults wanting to donate their time or earn community service hours for the end of summer can contact Amanda at the library. Hours are available during the school year as well.

As Summer Reading comes to a close, we'll have some special presentations in the library.

On Monday, August 5, at 5 p.m. we'll be doing kids yoga with Eleni. On Monday, August 12, at 6 p.m. we'll have Sullivan County's own Peter Melnick and Eddie Wilson,

creators of "The Marvelists" podcast. You won't want to miss it!

On Wednesday, August 7, at 6 p.m. Cornell Cooperative Extension of Sullivan County will be here to teach some of our readers "wet felting," a fun craft project that they will be able to take home.

Wednesday, August 14 at 6 p.m., we'll be headed to the pavilion at Morning-side Park for an amazing performance from the one and only Jester Jim! This time program is partially sponsored by the "Friends of Fallsburg Library."

To finish up our exciting summer, we'll have Sullivan County Historian John Conway here on Thursday, August 18 at 6 p.m. to discuss "Unsolved Mysteries of Sullivan County." Seats fill up fast, so don't forget to register for this program.

Tuesday mornings, August 6 and 13, at 10 a.m. is preschool story time and toddlers are welcomed to join in the fun too!

Hamlet Happenings

by Kathleen Sullivan



News From Hurleyville-Sullivan First

Our gardens, barrels and planters need to be weeded and watered regularly.

Please let one of the members of Hurleyville-Sullivan First know if you can help. Send an email...izzysaunt@verizon.net. or call ...Mary-Ann (845-798-5418), Denise (845-807-7797) or Kathleen (845-707-9810).

Learn more about Hurleyville-Sullivan First at www.hurleyvillenyc.com or on Facebook.



Mickey Barnett

scnyhistory.org for more information.

News from the Sullivan County Museum

The Sullivan County Historical Society will present a concert featuring Slam Allen and Mickey Barnett at the Rivoli Theater in South Fallsburg on Sunday, August 25 at 1p.m. The concert is an extension of the society's First Sunday Music and History series.

Mickey Barnett needs no introduction. The Bethel resident has spent a lifetime performing in legendary Catskill hotels and theaters. He is well known for performing the rockabilly tunes of Roy Orbison, Jerry Lee Lewis and Carl Perkins, as well as many classic country tunes of the '60s and '70s.

He has received awards from many music industry organization, recorded several exclusive demos for Elvis Presley, and appeared on 15 albums while working with Pickwick International Records.

Slam Allen is a local treasure from Monticello. He plays R&B, blues and a little old time rock and roll. He has recorded multiple CDs and worked with some of the industry's most notable players. You can visit his website at www.slamallen.com.

Little Sparrow will host the concert and very special guest guitarist Van Manakas will join them to heat up the music.

The Rivoli Theatre opened in 1923 as a vaudeville theater and later showed silent films. It was quite successful during the high point of the resort industry and entertainment in the Catskills. The Rosenshein family owned the theater and they made numerous renovations, including additional seating and a stage for presenting other types of entertainment.

Due to the struggling local economy, the theater went dark in 1997. The Sullivan County Dramatic Workshop purchased the theater in 1998 and the group has worked tirelessly to preserve the theater, while also producing plays and other events at the venue.

The theater was added to the National Register of Historic Places in 2001.

Admission to the concert is free but donations to help fund the concert and preserve the theater will be appreciated.

This program is made possible in part with funding from a Sullivan County Arts & Heritage Grant funded by the Sullivan County Legislature and administered by the Delaware Valley Arts Alliance.

The theater is located at 5243 Main Street in South Fallsburg. Call 845 434-8044 or 845 436-5336, or visit www.scdw.net or www.hurleyvillenyc.com.



Slam Allen

the Town of Thompson Planning Board in 2007. The submission was inadequate and incomplete. A new date was simply added to the form and it was submitted to the board again in 2016. Any new submission to the board should incorporate contemporary standards and contemporary forms.

The failure of package sewer treatment plants has cost the Town of Thompson millions of dollars. Private water and sewer systems will eventually fail.

There is no way to mitigate the environmental disaster that will occur when the Gan Eden package plant fails. The east branch of the Mongaup River, a Class B trout stream, will be polluted. Mongaup Road, the "flats" on Columbia Drive and the Congregation Anshei Hurleyville Cemetery will be flooded. A downstream Town of Fallsburg municipal well will also be adversely affected.

Water testing must be done during summer months or "peak season". Wells must be tested in both in Fallsburg and in Thompson.

The extraordinary water withdrawal at Gan Eden will jeopardize private wells in the area.

A simple counting of bedrooms does not accurately reflect the amount of water that will be used.

People's lives will be endangered if the entrances to Gan Eden in the middle of Columbia Hill become a reality. The proposal of year round "workforce housing" transforms a summer traffic concern into a nightmare. Cars entering in the middle of an icy Columbia Hill are a prescription for disaster.

The third entrance to Gan Eden on Old Liberty Road is on a dangerous curve with a very limited sight range.

The impact on noise, traffic, air quality, public utilities and community services will affect the entire neighborhood.

Another detrimental effect of a development of this size is light pollution, the brightening of the night sky caused by excessive and misdirected street lights and other man-made sources. Light pollution disrupts the natural cycles of the ecosystem and compromises the health of humans. Light pollution lessens the beauty of our natural sky.

Gan Eden has to share its western property line with the longstanding and very active Hurleyville-Loch Sheldrake Hunting Club. A 500-foot setback should be mandatory to ensure everyone's safety.

Visit CHNA at www.columbiashill.org or on Facebook to learn how you can help to protect your environment and your community.

The Scene

Music and Entertainment in and around Hurleyville

by Jane Harrison



Well it's finally here. In 1969, an estimated 400,000 people descended on Sullivan County and Bethel in particular for a concert that became the kind of iconic event that put the county back on the map after the Borscht Belt disappeared, put the site on the map of historic places (complete with a plaque) and made it an absolute destination for those too young to attend the event, those who attended and need to come back, and those who were not yet born but understand this entire event was magical. I've met them all.

Some of this magic was recounted to a packed audience at The Hurleyville Museum in the first Sunday series, hosted by Little Sparrow (Carol Smith and Aldo Troiani) when they presented The Johnny Jules Band on July 7. Johnny told stories of that time, the role Hector's (a tiny bar within a half mile of the site that still exists) played, and how the whole event was so much more than a concert, that it was actually a lifestyle where loving your fellow man was far more important...something we could use more of today.

Have you noticed the bright crocheted butterfly on the fencing of the basketball/pickle ball court? That was this year's "yarn bombing" organized by Fiber on Main. Last year, it was the wrapping of trees along the Rails to Trails. The year before, it was wrapping the branches and trees in Fireman's Park next to the new Arts Centre. This year's piece was discussed at length as to what would be the best way to honor the 50th and what better way than to have those who practice the soft arts to create the brightest, freest of creatures...the butterfly! And the result is a happy reminder of the bold colors of that time.

And now something you missed this month. Right there, at HEARTBEAT MUSIC HALL of Grahamsville, on July 13 was the blues great Murali Coryell. And he gave a real concert! He was joined on stage by Bill Foster on bass and Dorian Randolph on drums. Most of the songs were his originals and every so often I could smell a whiff of a Steve Ray Vaughn in either a guitar riff or a vocal. The music itself ranged from soulful Blues to "in your face" toe-tappers, and although Murali is best known as a blues man, I heard him stretch that a bit which doesn't surprise me based on his diverse influences. You could taste the Country, you could taste the Jazz, you could even taste a bit of the Rat Pack era. Afterward, owner Dave Trestyn introduced us and I had the privilege of chatting

briefly with him during which time he agreed to an interview, so stay tuned.

Every Monday:
DUTCH'S OPEN MIC: 205 Rock Hill Dr., Rock Hill, 7 p.m.

Every Tuesday:
THE GREATER SULLIVAN COUNTY SEARCH AND RESCUE ORCHESTRA (Joanna Gass, Steve Schwartz, Kenny Windheim, and Eric Neis), Brew, 280 Rock Hill Dr., Rock Hill, 6:30 p.m.

\$10 Tuesdays at CABERNET FRANK'S, 38 Main St., Parksville. Great food from a limited menu and a beer for \$10 (through September 3)

Every Wednesday:
Open Mic; HEARTBEAT MUSIC HALL of Grahamsville; 304 Main St., Grahamsville; 7 p.m.

CAB'AROKA, CABERNET FRANK'S, 38 Main St., Parksville; (hosted by SULLIVAN CATSKILLS); 5 p.m.

***Aug 14: KEITH NEWMAN and LYNN RENO (This event was moved from Thursday night due to the event at Bethel Woods).

BETHEL LAKESIDE MUSIC, Gazebo Park, Kauneonga Lake; 6:30 - 8:30 p.m.; bring your chair or blanket and join in for a night of music on beautiful Kauneonga Lake.

ROCK HILL MUSIC SERIES, 223 Rock Hill Dr., Rock Hill. Bring a chair and rock on. 6:30 p.m.

Aug 7: THE ELECTRIC CHORDS
Aug 14: YASGUR
Aug 21: THE A.M. BAND
Aug 28: THE SLAM ALLEN BAND

Thursdays:
CABERNET FRANK'S OPEN MIC; 7 p.m. (hosted by SULLIVAN CATSKILLS)
Aug 1: hosted by FISHER/KEAN
Aug 8: hosted by LITTLE SPARROW
Aug 15: hosted by BOB TELLEFSON
Aug 22: hosted by FISHER/KEAN
Aug 29: hosted by LITTLE SPARROW

BETHEL LAKESIDE MUSIC, Gazebo Park, Kauneonga Lake; 6:30 - 8:30 p.m.; bring a chair or blanket and join in for a night of music on beautiful Kauneonga Lake
Aug 1: YASGUR
Aug 8: CARMINE PACE and BAND

**Aug 14: KEITH NEWMAN and LYNN RENO (This is actually Wednesday night do the event at Bethel Woods)
Aug 22: AERIAL ACOUSTICS and THE WAGNER PROJECT
Aug 29: THE USUAL SUS-

PECTS
Fridays:
Every Friday: "The Great American Song Book" with DEFINO and RAVDIN, and great Italian food! Sorella's, 3562 State Rte. 55, Kauneonga Lake; 6 - 9 p.m.

Pickled Owl, 218 Main St., Hurleyville; 6 - 9 p.m.
Aug 9: WINDFEATHER HARMONIES
Aug 16: MICHAEL & ANNE BAGLIONE
Aug 23: DAVID MILNER
Aug 30: BJ & GREG
Sept 7: PAUL KEAN & FRIENDS
CABERNET FRANK'S, 38 Main St., Parksville; 8 p.m. unless otherwise specified
Aug 2: BROOTALITY
Aug 9: SIDE F/X 7:30 p.m.

Saturdays:
ROCK HILL FARMERS MARKET/MUSIC AT THE MARKET, 226 Rock Hill Dr., Rock Hill; 10 a.m. - 1 p.m.

Local musicians will be playing each Saturday, local farmers, bee keepers and other local vendors. This is where I found rhubarb!

Every Saturday:
"The Great American Song Book" with DEFINO and RAVDIN, and great Italian food! Sorella's, 3562 State Rte. 55, Kauneonga Lake; 6 - 9 p.m.

PICKLED OWL, 218 Main St., Hurleyville; 6 - 9 p.m.
Aug 10: RARE FORM
Aug 17: THE ACQUAINTANCES
Aug 24: ALBI
Aug 31: HANDSOME JOHNNY
CABERNET FRANK'S, 38 Main St., (Exit 98 off 17W) Parksville; 8 p.m. unless otherwise specified
Aug 10: DJKO at THE WOODSTOCK ANNIVERSARY HIPPIE DANCE PARTY; hosted by K&K Music, Sullivan Catskills and Cabernet Frank's; 7 p.m. to Midnight
Aug 17: CRB rocks the house; 7:30 p.m.
Aug 24: TBA (Check their FB page for who is performing)
Aug 31: TBA (Check their FB page for who is performing)

Sunday:
Aug 18: SIDE F/X; CABERNET FRANK'S, 38 Main St., (Exit 98 off 17W) Parksville; 1 p.m.
Sept 1: SIDE F/X; CABERNET FRANK'S, 38 Main St., (Exit 98 off 17W) Parksville; 1 p.m.

Every Sunday:
MUSIC WHERE YOU LEAST EXPECT IT: DeFillipis Bakery, 506 Broadway, Monticello; 11 a.m. - 1:30ish
Open Mic RAFTERS TAVERN, 28 Upper Main Street, Callicoon; 3 to 5 p.m.

DRAMATIC WORKSHOP STAGES SONDHEIM

"Into the Woods" at Rivoli This Month

SOUTH FALLSBURG--The Sullivan County Dramatic Workshop will stage the enchanting musical, "Into the Woods," with music and lyrics by Stephen Sondheim and book by James Lapine, at the Rivoli Theatre in South Fallsburg for six performances - August 9-18.

The classic fairytales of Cinderella, Little Red Riding Hood, Jack and the Beanstalk, and Rapunzel are tied together by an original story involving a childless baker and his wife, their wish to start a family and their interaction with the witch who has put a curse on them.



PHOTO PROVIDED

Under the able direction of Dawn Perneszi, with the talents of Musical Director, Leon Hilfstein, the show is produced by Jenny Silverman. The creative team includes Mekayla Rayne

(choreography), Lindsey Veety and Ed Berens (costumes), Jim Schmidt (technical director) and Nick Acklerly (set design).

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THE HURLEYVILLE SENTINEL.
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PHOTO BY VICTOR DADRAS

The cinema at the Hurleyville Arts Centre begins to fill up prior to the start of the documentary.

THE NEXT ACT PACKS THEM IN

by Jonathan Shimkin

HURLEYVILLE – “The Next Act,” a film about the future of the Catskill region, was screened on July 18 at the Hurleyville Arts Centre, followed by a panel moderated by Sullivan County Historian John Conway, and composed of Grayce Arlotta-Berner and Peter Russo, the filmmakers; Victor and Robert Dadras, architects and interview subjects in the film; and Alan Barrish, former town of Thompson historian.

The post-screening discussion ranged far and wide over a host of issues raised by the film as to what might constitute “the next act” for Hurleyville and environs.

Just as the film balances different viewpoints on prospective futures, so the comments of both audience and panel, focusing on the question of development, moved along a spectrum. At one end of the spectrum lay the question of what makes for “too much” development, and at the other, what makes for “too little.” Some elusive ideal medium hovered in between.

On the “too much” end was the concern that overdevelopment – too much housing at too rapid a rate – would strain the county’s resources and compromise the very attractions that draw people to the region – its natural beauty and quiet. As Robert Dadras put it:

how does one bring back an area without ruining it? This calculus of development remains an open question.

Another key question concerned economic growth and jobs – how best to stimulate both? The perspective on this opened up to a dizzying degree when Robert Dadras pointed out that Main Street in Liberty was done in by the recession of 2008, situating the issue as not just a Sullivan County matter, or a New York matter, or even an American matter, but as a global matter. Forces impinge upon the county that are far beyond the control of any institution or group within the county.

Any plan for development that doesn’t take that into account is likely to be neglecting something critical in its vision for the future.

As John Conway, the moderator, said at the beginning of the program, we are at a critical juncture in the history of the county and “we need to make some decisions.” Where and how and by whom those decisions get made was beyond the scope of both the film and the panel, but the discussion was a clear indication of how crucial it is that those forums of decision-making be open to an exchange of views as lively as that which followed the screening of “The Next Act.”

Nana’s House Child Care Center Offers Field Trips

ROCK HILL – Many children who reside in Sullivan County will receive free educational field trips this year thanks to a grant Nana’s House Child Care Center, Inc. received from the Empire State After-School Program through generous support of the Monticello Central School District.

Nana’s House, a non-profit organization located in Rock Hill, is pleased to offer these free trips around New York State for children ages 17 and under who live in Sullivan County more than 75 per cent of the year.

The Empire State After-School Program, initiated by Governor Andrew M. Cuomo, provides \$35 million in funding for high-need school districts across New York. The grant funding will be used to provide field trips for families who might not otherwise have access to these educational and recreational experiences.

The first trip on July 6 brought 52 children and their parents to the American Museum of Natural History in New York City for an exciting day of exploration and enrichment. The

Kiwanis of Woodridge New York Foundation generously provided snacks for all of the children in attendance. Community involvement is important to Nana’s house, which is why this and future trips were chosen by local parents through a poll on social media. Volunteers who live in Sullivan County administer this program. For more information on future trips, please visit <http://www.nanashousechildcare.org/Events.html>

“We have trips planned to USS Intrepid, The Bronx Zoo, Aladdin on Broadway, The Polar Express, and Frozen 2 the Movie” says Dr. Sean Wall-Carty, President and CEO of Nana’s House Child Care Center, Inc. “We are honored to be able to give back to the community we serve. Providing an interactive and fun, educational experience for children is one of the most profound gifts any organization can give to their community! Our program will have a significant positive impact on many Sullivan County families.”

Nana’s House Child Care Center, Inc. serves infants, toddlers, preschoolers, and school-age children



PHOTO PROVIDED

Sydney Johnson, age 5, one of 52 Sullivan County children who attended a free trip to the Museum of Natural History in New York City on July 6.

using a thematic curriculum that is child centered, aligning to New York State Early Learning Guidelines

through playful learning. For more information, go to www.nanashousechildcare.org or call 845-794-3826.

Registration Open for Temple Sholom Religious School

MONTICELLO – Temple Sholom Religious School classes will start on September 11. Helene Perlman will teach children from kindergarten through third grade on Wednesdays from 4 to 5 p.m. Lauren Miller will teach children from fourth

grade through bar/bat mitzvah on Tuesday and Thursday afternoons.

Registration forms are available in the temple office at 5 East Dillon Road in Monticello, or on the temple’s website, www.templesholomny.org.

For more information

contact Lauren Miller at 845-794-3962 or Rabbi Michele Medwin at 607-765-2895.

Temple Sholom was established in 1954; it is the first congregation of Reform Judaism in Sullivan County.



PHOTO PROVIDED

Religious school students from Temple Sholom visited homebound senior citizens as part of their bar and bat mitzvah preparation.

Out Divine Corners Way

by Jonathan Shimkin

The view to the north of our cottage takes in the hills around the Neversink Reservoir and beyond, to the distant ridge-line of the Slide Mountain Wilderness. The sense of scale imparted by those huge shapes, formed over vast tracts of geologic time, is somehow restorative to eye and spirit; it puts self-concern to rout.

Thomas Cole, the landscape artist, wrote of the Catskills, in 1836: “They have varied, undulating, and exceedingly beautiful outlines – they heave from the valley of the Hudson like the subsiding billows of the ocean after a storm...”

After seeing his paintings recently, on exhibit at his estate in the town of Catskill, my mind began to toggle between his perception and my own. Those qualities of scale, vastness, and far-ranging perspective he called “sublime” (or The Sublime, an aesthetic category unto itself), and it is his render-

ing of the sublime in the American landscape that informs my own perception and appreciation of this region.

I see through a lens Cole made. He founded a school – the Hudson River painters – and that school established a way of apprehending the American landscape that for two centuries has flowed through diverse streams of imagery (in photography, film, popular illustration, etc.), until it seems “natural” and instinctive, a default mode of perception marking vistas and overlooks throughout the region. According to Oscar Wilde, 19th century Londoners were taught to see “fog” by the painters and writers who aestheticized it in their work. So the Hudson River school has provided its own unique curriculum of vision.

I heard a local hotelier declare recently that what draws people to the Catskills was a craving for “analog experience” – a droll locution, that simply means, I think, not digital,

i.e., experience unmediated by screens or selfies. My perception of Slide Mountain from a distance is, in this digital sense, not mediated, but neither is it unmediated. I may not see Slide Mountain via a screen, but I do see it via a culture and a language that predispose me to frame its beauty just so, and call it: “Sublime!”

My sight-line runs through Thomas Cole and his acolytes – Frederic Church, Asher B. Durand – as well as through James Fenimore Cooper, who wrote of the same landscape in the descriptive prose of his Leatherstocking Tales, during the very years that Cole spent painting it into being. What we take for pure immediate perception is never quite so pure or immediate; we are shaped by the visions we inherit, and we reinforce or modify that inheritance as our own perceptions dictate.

Cole had fears that we would one day lose this landscape. In 1836, his concern was with logging

and railroads: “The ravages of the axe are daily increasing... the most notable scenes are made desolate, and oftentimes with a wantonness and barbarism scarcely credible in a civilized nation.”

One is glad, on his behalf, that he didn’t come to know all that a civilized nation would prove to be capable of 200 years on. We’ve reached a point where all we mean by “nature” – nature as Cole knew it and as we’ve always known it – may be melting away. The crisis, graphic now in the case of receding glaciers and polar ice, is no less real (only less visible) among these Catskill mountains.

This lends a degree of unbearable poignancy to my mountain vista, as if it were receding in time as well as space. One can’t bear to think of the day when all this could be lost, but bearing to think about such things is something we are called on to do if we love the land we live on.

A Table for All

by Denise Sullivan

HURLEYVILLE – If you’ve visited the THINC building in Hurleyville, you’ve seen smartly designed work stations and computer tables all throughout the building. The majority of them incorporate adjustable elements of the FlexTable™ – an innovative yet simple piece of adaptable furniture which enables individuals of different heights and varying needs to experience activities together comfortably.

The Assistive Technology team at The Center for Discovery first designed the FlexTable for students in wheelchairs to eat together at the same table. The tables now appear in many buildings and residences in and around The Center’s multiple campuses, and the process used to build them has become efficient and modern. Customers at the Hurleyville Market can sit and eat at a FlexTable, and there will likely be more FlexTables in public spaces around Hurleyville in the future.

The FlexTable is designed to accommodate a variety of individuals with different seating needs, allowing them the experience of eating, playing, working, and interacting together, each at his or her own preferred table height. Each table leaf or work station is independently height adjust-

able with no tools required. By integrating this design into computer work stations and desks, taller people with longer legs can sit and work at a desk as comfortably as those who are below average in height. There is much to enjoy about fitting your legs under a desk and having room to move, setting your computer screen to a comfortable and ergonomically correct height. The FlexTable is a perfect example of universal design, which simply means designing all products, buildings and spaces to be usable by all people to the greatest extent possible.

The Center for Discovery has long been a pioneer in developing universal design solutions that improve functioning and quality of life for people with disabilities. For more than 30 years, The Center’s Assistive Technology Department has been working hand-in-hand with clinical, educational, and residential teams to provide low and high-tech interventions that aid in development, improve health, increase function, and improve quality of life for people with disabilities and complex conditions. These interventions range from the

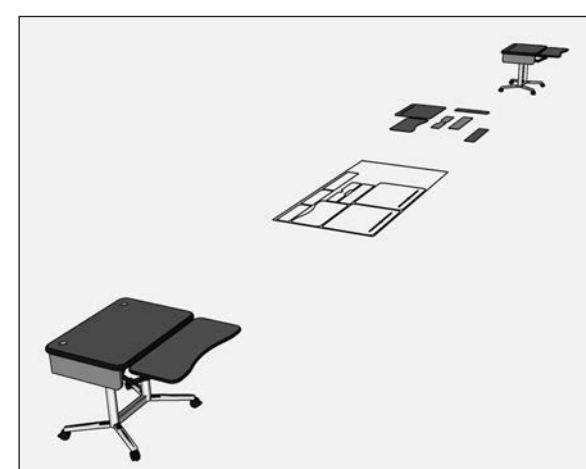


PHOTO PROVIDED

A digital rendering of the computer FlexTable with CNC cut file for panels.

identification of appropriate commercially available equipment to the custom design and fabrication of new equipment. The FlexTable, is now becoming commercially available and speaks to the thoughtfulness of The Center’s design innovation. It works for everyone, regardless of size or mobility. THINC has a design and marketing team that works in partnership with The Center’s carpentry department, located in Ferndale, to promote and produce the FlexTable. The automated production of the tables is computer driven – starting with a file in SketchUp, a design software that is employed heavily at THINC. The cut file is used on a CNC router, a computer numeric cutting machine known for its automation and precision. The CNC produces consistent and high-quality work and im-

proves productivity. Unlike a jig router, the CNC router can produce a one-off as effectively as repeated identical production of table parts.

Two models of the FlexTable are becoming commercially available – a mobile computer station with slots and storage for power cords and connectors, and an activity / mealtime table with two moveable leaves. Multiple activity / mealtime tables can be attached to accommodate more people. The tables are available in a variety of laminate colors or wood finishes. Large lockable casters allow for easy movement and hold the table solidly in place when locked.

The FlexTable is a unique and attractive piece of furniture that reminds us that we all have the same basic needs related to fit, form and function. Usability and aesthetics are mutually compatible. And, most importantly, if a design works well for people with disabilities, it works better for everyone.

For more information on the FlexTable, please contact Jason Kean, Director of Innovation at The Center for Discovery, at jkean@tcfid.org.

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From the Firehouse

by Jack Halchak, Past Chief H.F.D.



The Hurleyville Fire Department is always looking for help, to fight fire or support those that do. We even supply all of the gear and provide all of the training needed, for free. Stop by one Monday night and find out how you can help.

Firefighting is a tough job. Not only are you dealing with the fire itself but with the weather conditions, as well. In the winter, it is the cold and everything freezing. In the summer, it is the heat.

Typically a firefighter can use two bottles of air when fighting a structure fire. A lot will depend on the task at hand on how fast they will consume an air bottle. After the use of two bottles they need to take a break and go to rehab to be evaluated before they can resume firefighting activities.

With the heat that we have experienced this summer it makes it even hard on a firefighter to do their job. We get over heated quickly. Our turnout coats and bunker pants are not made to breathe like the clothes you would wear on a hot day.

Our gear has an outer shell of a fire retardant material such as Nomex, a vapor barrier, and a liner. This

protects us from the fire but also keeps our body heat in the coat. On a hot day the inside of your coat gets soaked from sweating.

If you know that you are going on a walk, run, hike, bike ride etc. you can hydrate before your activity. We don't have the luxury of being able to say, "there will be a fire call at 2 p.m., I should hydrate."

Throw in some humidity along with the high heat and it becomes a much more difficult job of firefighting.

One solution to combat this problem is to limit firefighters to one tank of air, then rest, hydrate and to bring in more firefighters for relief in the high heat conditions or for that matter in the winter in extreme cold.

You hear and read about the "heat index." This takes into consideration the air temperature and the relative humidity to give you a "how it feels" temperature. I can tell you this: I do not need to look at the heat index to tell me it is dangerously hot when on a fire call.

One of the jobs during an incident is for the Incident Commander to be aware of the heat conditions, set up a rehabilitation site and com-



GRAPHIC PROVIDED

municate with EMS. EMS will evaluate the firefighter and make the final decision on whether the firefighter can continue firefighting or if they must stay in rehab.

Heat stroke is a very serious illness and potentially life threatening. This can occur after prolonged exposure to high heat conditions while fighting a fire or just working outside. The other condition to watch for is heat exhaustion. This is where you are sweating profusely because of your activity and you become dehydrated. If left untreated, it can turn into heat stroke. If any of these conditions present to EMS you will be taken out of service.

There are other signs for both heat exhaustion and heat stroke. To sum things up in simple terms, when you are sweating profusely you need to attend to this condition and when you stop sweating you need help immediately.

These conditions are just another hazard that firefighters have to deal with while fighting a fire or on a prolonged call in heat conditions.

Don't forget the ninth annual Bill Carlson Golf Classic on Saturday, August 17 starting at 1 p.m. at the Tarry Brae golf course. To sign up or for more information, contact John Jaycox at (845) 866-6431.

FROM THE FILES OF...

THE HURLEYVILLE SENTINEL

The Only Newspaper Published in the Town of Fallsburg

COMPILED BY FRED FRIES FROM THE ARCHIVES OF THE Sullivan County Historical Society

August 11, 1909

Monticello Fire

Business District Completely Destroyed; Both Sides of Broadway For Nearly Quarter of Mile Lay Flat

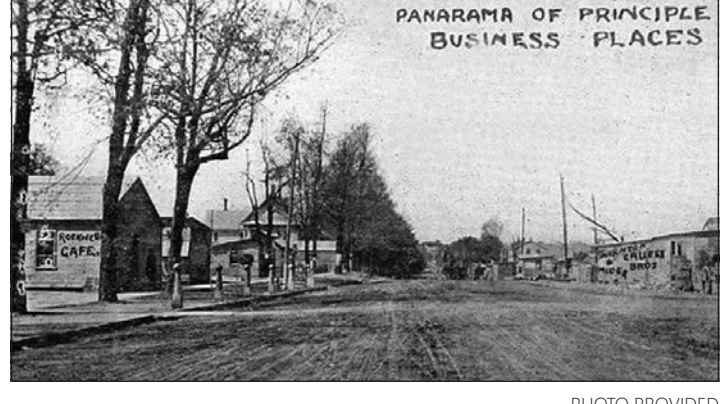


PHOTO PROVIDED

Monticello's Main Street (Broadway) at St. John Street as it appeared after the August, 1909 fire.

About eight o'clock last night fire started in the Power House at Monticello, and in a short time the whole business section was ablaze.

There was a strong wind at the time and although the firemen and everyone else worked with might and main, the flames gained rapid headway and it looked at one time as though the whole village was doomed.

The printing offices of the Watchman and the Sullivan County Republican were both destroyed. The walls of the bank stand, but everything inside is burned.

The fire when it was discovered, consisted of a small blaze in the Power House in the rear of the Palatine Hotel, that being the place where it originated. There were fine stores upon the westerly side of the street where the fire started, but packing cases had been thrown in the yards in the rear and these fed the flames. In a short space of time the Masonic Building, the Surrogate's Office, the Bank Building, Heath's,

Crane's, Thornton & Miller's Drug Store, Hammond & Cook's Store, Burns & Taylor's Store, Strong & Co.'s Store, the Palatine Hotel and everything below it to the Monticello House were in flames.

The wind then carried the flames across the street and soon the Rockwell, one of the finest hotels in this part of the state, was also in flames.

There they swept to Johnne's Hardware Store, the Republican Printing Office Building and Dr. Curlette's. There is not a building standing within this section.

places in this section have been destroyed, and can never be replaced. Judge Smith's law library valued at \$3,000 was entirely destroyed without a dollar of insurance, as was also Melvin H. Couch's. In fact, there is not a law office in Monticello, every attorney being burned out. Neither is there a law library.

Both newspapers are burned out. The Surrogate's records of this county, which are of incalculable value, are destroyed.

Loss About a Quarter of a Million

The loss will probably reach at least \$250,000 and it was only partially covered by insurance. The shade trees which had made Monticello one of the prettiest

in Monticello the DeRue Brothers Minstrels lose their date there and in consequence will stay over their time in Lawrence Casino tonight, with music by their seven piece orchestra.

John H. Knapp of the Columbia House of this village is enjoying his new Cadillac car to his heart's utmost desire. His latest feat is carrying calves to stock his farm. No doubt this calf holds the record for mode of transportation in Sullivan County

August 25, 1909

Hurleyville Creamery Burned

Last Thursday morning about one o'clock, fire completely destroyed the Hurleyville creamery which was situated nearly opposite the depot. The cause of the fire is not known as there had been no fire in the boiler since two o'clock Wednesday afternoon. The fire was first seen by John O'Neill who went to his barn and saw nothing of any signs of fire but upon coming out of the barn not more than three minutes later saw flames bursting out of the roof, and the whole building seemed to be one mass of flames. Nothing was saved but twenty-six cans. It will be rebuilt at once, but this time out of concrete blocks. Considerable ice was melted but work was commenced next day upon a temporary building to cover the ice.

Still we have no fire protection. When it is too late the property owners of this place will begin to talk about fire protection. Had this fire occurred before the rain there would not have been enough left of Hurleyville to shelter an old hen.

Wake up - Or burn up!

Help From Port Jervis

Early in the evening it was discovered that the Monticello Company did not have hose enough to cope with the flames and a call was sent to Port Jervis and Middletown for aid. The Port Jervis firemen responded promptly and chartering a special train, came to Monticello with a thousand feet or hose and worked heroically by the side of the Monticello firemen to quell the flames. No plans have yet been made known as to the rebuilding, but doubtless the business property will all be rebuilt. It is the most disastrous fire Sullivan County has ever experienced.

Local and Personal News

On account of the fire

Renaissance Judges Are Here!

Volunteers Prepared to "Wow" with Beautification Projects

FERNDALE - Volunteers throughout Sullivan County have been preparing for months to surprise the judges with their 2019 Sullivan Renaissance beautification projects. Nine judges with experience in horticulture, planning, zoning, and historic preservation will visit 38 Sullivan Renaissance projects and select winners in the Garden, Community Beautification, Maintenance and Municipal Partnership categories.

The top prize of a \$250,000 grant secured by Assemblywoman Aileen Gunther will be awarded to 1 of the 5 participants in the Municipal Partnership Program. Municipal Part-



nership contenders received grants of \$20,000 to help implement their projects which will be evaluated in three areas: care of public spaces, enhanced code enforcement, and building healthy communities.

Garden and Community Beautification projects are assessed for aesthetics, collaboration, sustainability and community involvement. They received grants between \$500 and \$2,500

and aspire to win awards ranging from \$3,000 to \$12,000. Judges will also award projects that demonstrate a "WOW" factor for the "Showing of Flowers" in the Garden, Community and Maintenance categories.

All of the awards will be announced at the Sullivan Renaissance Awards Ceremony on Monday, August 5 in the Event Gallery at Bethel Woods Center for

the Arts in Bethel, NY. This event is open for the public to celebrate community volunteers as they are recognized for their dedication and hard work. Doors open at 5:00 p.m. with light refreshments. The program begins at 6:00 p.m. The facility is ADA accessible.

Sullivan Renaissance is a beautification and community development program principally funded by the Gerry Foundation with support from Bold Gold Media Group, The River Reporter, and the Sullivan County Democrat. Learn more at SullivanRenaissance.org or [Facebook.com/SullivanRenaissance](https://www.facebook.com/SullivanRenaissance).

INTO THE WOODS

CONTINUED FROM PAGE 2

The cast includes Sal Polichetti (Narrator), Hannah Veety (Cinderella), Rebecca Salerno (Jack), Alexa Marie Fini (Jack's Mother), Kristopher Rosengrant (Baker), Lourdesa M. Hunt (Baker's Wife), Amber Schmidt (Cinderella's Stepmother), Alexis Costa (Florinda), Briana Ibanez (Lucinda), Jim Fedroff (Cinderella's Father), Alexandria Porter (Little Red Riding Hood), Mekayla Rayne (Witch/Cinderella's Mother), Ed Berens (Mysterious Man), Keith Prince (Wolf), Anna Puleo (Granny), Alyssa O'Keefe (Rapunzel), Ethan Perkowski (Rapunzel's Prince), Braeden Ross (Cinderella's Prince), Josh Rosengrant (Steward), Cole Phillips (Milky White), Nicole Lavere (Giant), Ashley Mancroni (Snow White), Jayden Ramsay (Sleeping Beauty), Treyvon Hayden (Steward in Training) Aidan Dusenbury-Dalto and McKenzie Rainey (Town's Person

Performances are Friday and Saturday, August 9, 10, 16, 17 at 8 p.m. and Sunday, August 11 and 18 at 2 p.m. at the Rivoli Theatre, 5243 Rte 42 (Main Street), South Fallsburg. Tickets are \$18 for Adults, \$15 for seniors (60+), students (with Valid ID) and military/veterans and will be available at the door one hour prior to curtain for each performance.

Tickets can also be purchased online in advance. "Into the Woods" is presented by special arrangement with Music Theatre International (MTI) and sponsored by Eileen and Ivan Kalter and is made possible with funds from the Decentralization Program, a re-grant program of the New York State Council on the Arts with the support of Governor Andrew Cuomo and the New York State Legislature and administered by Delaware Valley Arts Alliance. For information, visit www.SCDW.net or phone (845) 436-5336.

FALLSBURG ALUMNI ASSOCIATION

HONORS GRADUATES

WOODBOURNE - Dozens of Fallsburg community celebrants came to the Woodbourne Firehouse on July 20 for the annual Fallsburg Alumni Association (FAA) Reunion.

President Regina McKenny-Snead welcomed everyone and asked for a moment of silence for retired teacher Doris Stern, who passed away a few days before. The main focus of the event was to honor students and alumni.

FAA Treasurer, Eileen Kalter acknowledged Mona Bogan for her service as a retired FCSD staff person. Vice President Renee Kates awarded Albee Bockman as the Alumnus Honoree. Ms. McKenny-Snead introduced FAA Scholarship winners Jennifer Chavez, Jahaira Cordero, Edita Lulanaj, Jessica Martinez C., and Dawn Ruhren.

This year's Sheryl Kalter Memorial Award recipient



PHOTO PROVIDED

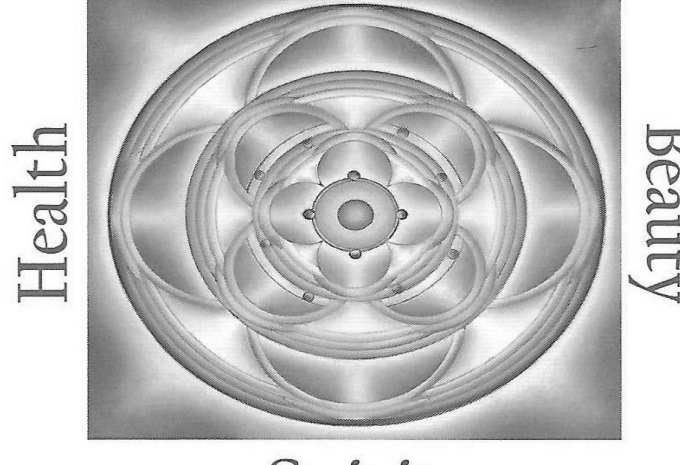
Pictured (left to right): FAA Award Winners Shawn Leszczynski and Hayley Weiner, Jack Leshner, and FAA Treasurer Eileen Kalter.

was Bayleigh Dinkel. Elisa Baum, social studies teacher and close friend of Ms. Kalter, enumerated the many positive traits that Bayleigh and Sheryl had in common. School Board member and mother of Robynne Anderman, Arlene Hussey presented the award that memorialized her daughter to Samantha Perna. Samantha grew up near Robynne's

present the initial awards. He spoke eloquently about success and what fine citizens and students Shawn and Hayley are. The audience responded with a standing ovation for Mr. Leshner and the two graduating seniors.

Mr. Leshner and Robert Longo, both members of the FCSD hall of Fame, welcomed 2019 inductee Lester Cohen, who was presented to the FAA by FCSD Superintendent of Schools Dr. Ivan Katz. A 1968 FCSD graduate, Mr. Cohen became a highly recognized Opto-Mechanical Engineer. He has enjoyed a 40-plus-year career at the Smithsonian Astrophysical Observatory in Cambridge, MA. His work includes support for all aspects of the latest space telescopes. One of his projects is The James Webb Space Telescope that is scheduled for launch late spring, 2021.

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OVER UNITY

Excerpted from a Novel in Progress by John Conway
Illustration by Carol Smith

Our story began when MacArthur Quint returned home one night to find his old girlfriend waiting for him. Years before, Janice Craig had broken his heart by marrying his best friend and business partner, Dietrich Lamb and Quint hadn't seen her since. Janice told him that her husband was dead and she was convinced he had been murdered. Quint reluctantly agreed to look into the matter for her. Now he has travelled to Atlanta, Georgia, where his investigation is continuing.

from locks to firewalls be significantly upgraded.

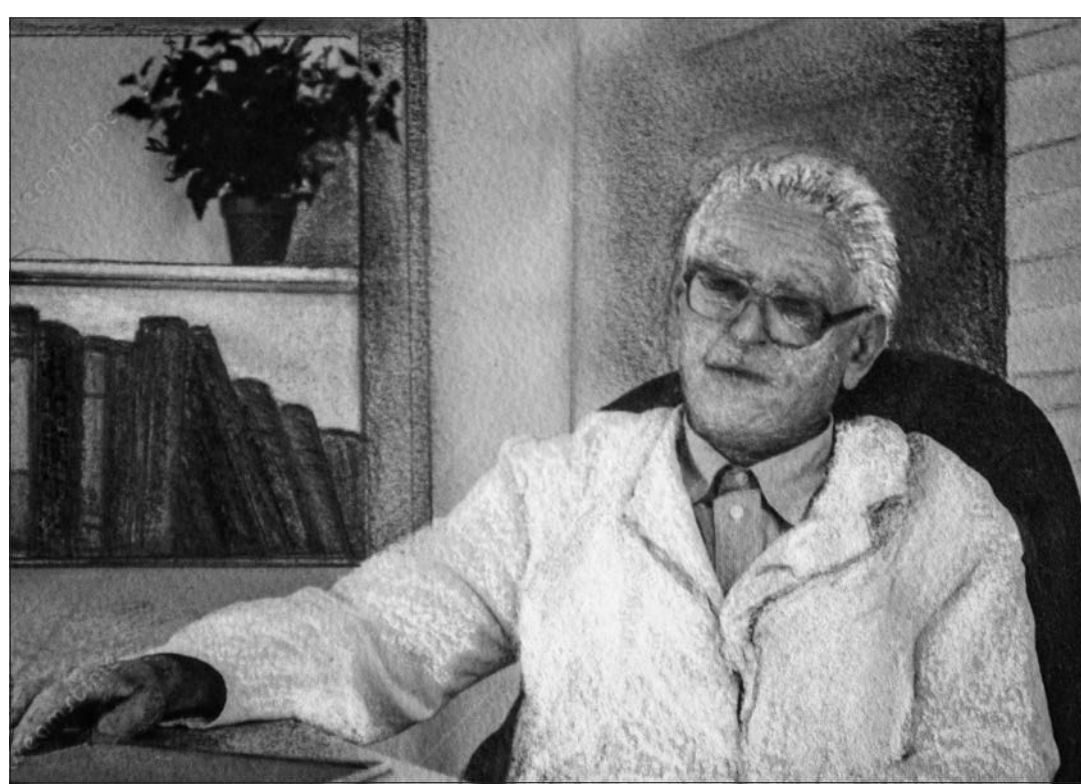
Speegle had told Quint "it was almost like he was expecting some kind of attack."

While certainly not proof of anything, Speegle's revelations did add credence to Janice's claim that D-Lamb had been murdered, and it also raised in Quint's mind the possibility that she might not have told him everything she knew about D-Lamb's death.

Quint wanted to visit the Fulton County Sheriff's Department, which he had been told had investigated the motor vehicle accident that had claimed D-Lamb's life, but he decided to put that off until after he looked up another old friend at Georgia Tech, Doctor Steve Bryant. Bryant and Lamb had been lifelong friends, and chances are they had remained close while both worked at Tech. Quint thought that perhaps Bryant could fill in some blanks about what D-Lamb was working on and why he had become so worried about security.

So, Quint made a side trip to the Tech campus and looked up Steve Bryant.

Bryant was a medical doctor and physicist who special-



"And who do you think has the capability of inducing a heart attack?" Dr. Steve Bryant asked.

ized in biomechanics. He was tall and lean, still looking very much like the college basketball player he once had been. He still wore his dirty blond hair a bit on the longish side, and his overall appearance was as untidy as Quint knew his mind was ordered. Seated behind a cluttered desk, pecking away at the keyboard on his laptop, he barely reacted when Quint walked into his office.

"Well, well, well," he said. "Look who's here."

"Hello, Bry."

Bryant leaned back in his chair, which squeaked a bit when he did so. He ran a hand through his hair in what Quint knew to be a mechanical gesture, and surveyed his visitor.

"I'm sure you want to talk about D-Lamb," he said matter-of-factly.

Quint appreciated his old

friend cutting right to the chase without a lot of small talk. What was there to talk about really, since they hadn't seen each other or spoken to one another in so long?

"Believe it or not, Janice asked me to look into his death. She thinks he was murdered," Quint said, considerably more directly than he had originally intended.

"You've spoken to Janice,

huh? I didn't know she suspected foul play. What's put that idea in her head?"

"Well, it seems that D-Lamb had made some sort of significant technological breakthrough, though I am not sure what it was. Could someone have been after it?"

"And killed him for it? I thought he had a heart attack."

"Heart attacks can be induced, as I'm sure you know."

"Oh? And who would have the capability of doing that, the government?"

"For one."

"Look, Mac, I don't honestly think the government knew about D-Lamb's work, or wanted it, let alone killed him for it, and I'll tell you why... We've had situations like this before. Ever since Stanford and M.I.T. began raking in the big, big bucks through technology start-ups and innovation, Tech has been trying to catch up. They funded the construction of Technology Square downtown, and created a number of in-house consortiums between tech start-ups and the university. And for years now they have been funding ten to twelve start-ups a year."

"Okay..."

"Tech also started a faculty ethics committee, on which I sit. We would investigate complaints about professors who blurred the line between research and business or developed conflicts of interest over intellectual property. D-Lamb's work was discussed several times, but the consensus was it never rose to that level. There were occasions when the school has asked the state to protect its interest and seize technology they felt belonged to them. That never happened in D-Lamb's case."

"You sound certain of that."

"Oh, I would know. The last time we had an incident, the Georgia Bureau of Investigation swooped into the chip lab with guns drawn, presented a warrant, and searched the premises before seizing computers and other evidence they claimed proved that the professor had crossed the line and was profiting to the tune of millions of dollars from technology that rightfully belonged to Tech."

"So nothing like that ever happened with D-Lamb's work?"

"No, and he was smart enough to do most of his work off-site. He financed his own lab or workshop or whatever downtown, and did very little research here at the school. The only tie-in to the school, really, was that he occasionally gave his students work as interns. By all accounts, at least

to my knowledge, the students claimed they got more out of that arrangement than D-Lamb ever did."

"So you think it's unlikely the government would be after anything he had developed?"

"Very unlikely. But I also don't think it is any mystery what he developed. There was a lot of talk. Supposedly he perfected an idea you had years ago for a revolutionary battery of some sort. Surely, Janice told you that."

"She mentioned it. But how did you know? I thought it was all hush-hush."

"D-Lamb told me. We haven't been close lately, but we would have lunch from time to time, and about ten days or so before he died we grabbed a slice of pizza and he told me straight out. Actually gave you most of the credit. Said you were on the right track decades back and probably would have figured it out a long time ago if you hadn't..."

"Disappeared?"

"Well, yes, as a matter of fact. You disappeared overnight, without a word to any of us. What the hell was that all about anyway?"

MacArthur Quint digs deeper into the mystery of Dietrich Lamb's work and his death in future installments of Over Unity, only in The Hurleyville Sentinel.



PHOTO BY JOHN CONWAY

Ralph Burger spends a lot of time on his lawn mower these days.

The Mowing Man

by Elaine Corrington

HURLEYVILLE – If you spend much time in Hurleyville or the nearby towns, you have probably seen a man in a monster lawn mower going up and down the streets and disappearing into side streets and backyards- cutting down tons of grass as he goes. Sociable chatterer and planner Ralph Burger is out on the town "...six days a week or more- no matter what the weather"...although there are those locals who claim he actually avoided our latest crop of thunder storms!

His mower looks like it could eat cars and pick-up trucks just as easily, and the howling music of its engine lets you know when to walk out your front door and wave (and probably have a chat).

Ralph has lived in Hurleyville from the age of 10. He was born in Trenton NJ, one of nine kids. His uncle had told his father that "business was booming!" up in Sullivan County. Then, once they were here, the hotels started to close up. Ralph remembers the railroad tracks still coming across Main Street until the town "...chopped them out and covered the holes."

When he was young, Ralph worked for Neil Davidson in Loch Sheldrake,

doing about 10 of his lawns. People saw Ralph around so much that they began to trust him and call him to add their properties to his list. He made enough money to purchase his first power mower-- a Sears gas model. After a while, he moved on to the bigger BobCat. He then started mowing every day while working for the Town of Fallsburg in Morningside Park. He worked for several departments within Fallsburg- including Water/Sewer and Highway...and kept doing lawns privately, building the business by word of mouth. And when he retired after 40 years, he just kept on mowin' - and in the winter he added snow plowing.

The BIG mower came in August of 2016- the EX-Mark. Ralph claims "It is the most fun! Less aggravation and less stress. No yelling! You keep people happy! I just like mowin'. My favorite thing about it is that I like to keep Hurleyville beautiful and clean (and don't let me see you tossing papers around and littering!)"

Ralph and the EX-Mark do a lot of favors keeping Hurleyville's public areas mowed and helping people if they need it. When you see him swooping around, give a wave and a smile! He earns it every day.

FORMER WOODRIDGE RESIDENT PUBLISHED AGAIN

Michael Gold's "Campaign Companion" Indispensable Guide for Candidates

by John Conway

NEW PALTZ – Michael Gold has won numerous awards for his video and still photography over decades in the business, and he is now making a name for himself as an author.

On the heels of his raucous—and immensely popular—"Raining Delusions," a fictional account of life in the Borscht Belt during the heyday of the big hotels, Mr. Gold has published "Campaign Companion: The Essential Handbook for Winning Elections,"

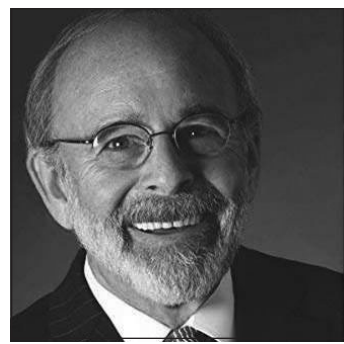


PHOTO PROVIDED

Michael Gold

something quite different from his previous efforts.

"Campaign Companion" is written for political candidates and campaign managers and staff, but it has an appeal

for anyone with an interest in politics, providing as it does an inside look at how actual candidates think as well as what they think is important.

"It is a very different, unconventional way of helping candidates get elected," Mr. Gold says of his book, which is available in paperback online at Amazon.com. "It relies on the political experiences and grassroots wisdom of dedicated public servants from all parties and my own experiences, as well."

Mr. Gold's book includes sage advice—and some hu-

mor—from dozens of local politicians, including former U.S. Congressman Christopher P. Gibson, former Ulster County Executive Michael Hein, and retired New York State Supreme Court Judge Anthony P. Kane.

While candidates and those guiding them will doubtlessly get the most out of this treasure trove of political wisdom, anyone who has ever found themselves in competition for, well anything, really, will find this book intrinsically helpful.

"Campaign Companion: The Essential Handbook for Winning Elections" is \$14.99 in paperback and \$4.99 in Kindle.

Two FCSD Educators Honored

by John Conway

FALLSBURG – The Sullivan County School Boards Association honored educators from all districts at its annual meeting. From Fallsburg Central School District (FCSD) Leah Exner was awarded Outstanding Educator, and Mrs. SueAnn Boyd was named Outstanding Friend to Education.

Mrs. Exner is a first-grade teacher with more than 29 years of service to FCSD. Mrs. Boyd is Healthy Schools Coordinator for Cornell Cooperative Extension Sullivan County (CCE). Both women are active members of the FCSD Wellness Committee and have generated special programs and for the well-being of students and staff.

Among Mrs. Exner's great contributions to her students and the school community is a Healthy Communities



PHOTO PROVIDED

FCSD School Superintendent Dr. Ivan Katz (left) presenting the SCSCBA Outstanding Educator Award to Leah Exner.

Grant for Sullivan Renaissance she wrote three years ago to revitalize a walking trail surrounding the Benjamin Cosor Elementary School and began a collaboration with Mrs. Boyd from that date.

They are both selfless individuals and enjoy working as part of the team to bring exercise to the school and greater Sullivan County Community. Mrs. Exner's family members, the Tri-Valley Lions Club (she's a

long-time member), countless agencies, businesses, school students and staff, have volunteered or donated hundreds of labor hours and dollars to bring the BCES Trail to its near completion.

CCE, through Mrs. Boyd, has obtained grant funding and offered many hours of service to Fallsburg through a wide variety of programs from an after-school cooking class to healthy food choices of food in the cafeterias to hands-on activities during school Wellness Days to mindfulness classes for to donations of water stations and periodic coffee and conversation meetings devoted to good health with staff.

FCSD Superintendent Dr. Ivan Katz acknowledged these and other contributions made by these two special people when he presented them with their awards from SCSCBA. Fallsburg appreciates their great service.

EMS Beat

by Albee Bockman, AEMT-P



SYNCOPE: "I'M SINKING IN MY WHAT?"

No, you're not sinking in anything. It's not what it sounds like. But... the real meaning of "syncope" can be serious and requires immediate medical attention.

Syncope, or syncopal episode, is the medical term for fainting or passing out. It is usually triggered by a sudden drop in blood flow to the brain. When that happens, it generally leads to a loss of consciousness and muscle control. A person then falls down or falls over. A syncopal episode can happen at any age, although, it generally affects people as they get older. It usually lasts only seconds or minutes, and is accompanied by temporary feelings of confusion when they regain consciousness.

Syncope can be caused by an underlying medical condition or from environmental triggers. Here is a list of some common causes of fainting:

1. Low blood pressure
2. Low blood sugar
3. Irregular heart beat
4. Abrupt changes in posture such as standing too quickly which can cause blood to pool in your feet or legs
5. Standing for long periods of time
6. Extreme fear or pain
7. Dehydration
8. Exhaustion
9. Stress
10. Pregnancy

There are a few symptoms and warning signs that may warn you of a

pending syncopal episode. One may exhibit nausea, slurred speech, a clammy sweat, blurred vision, and lightheadedness. All of these signs can be a warning of something serious and require an immediate call to 911 for Paramedics. I CANNOT STRESS ENOUGH THE URGENCY OF CALLING FOR HELP SHOULD YOU OR A LOVED ONE EXPERIENCE THESE SYMPTOMS!!!!

Fainting is not USUALLY evidence of a serious condition. However, it generally indicates a possible cardiac event - especially if one fainted from a "seated" position. When I say seated, I mean seated while eating, watching television, playing cards - or even on the toilet bowl. No, Folks, I'm not being funny. Bear with me. When we are ill with a bug or possibly having a cardiac event, we sometimes experience episodes of diarrhea. Should we lose fluids to that extent, our body will have what is known as a "vasovagal" response. A person may literally pass out while in the bathroom, fall, and cause injury. This can be a true emergency!

So, please take these signs and symptoms seriously and dial 911 for assistance. Allow our Hometown Heroes help our Hometown neighbors. Stay safe and stay well, Hurleyville!!!

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SENTINEL SPORTS



Embracing the Challenge

CHRONIC ILLNESS FAILS TO DETER STAR RUNNER

by Rachel Brooks

Cross country is a sport that requires a decent level of physical and mental endurance.

Running at a constant pace for three and a half miles isn't an easy task under the best of circumstances, let alone when one suffers from a chronic disease, like I do.

So, one might ask, how do I manage with an illness that hinders my physical activity?

I have Cyclic Vomiting Syndrome; a disease in which one food, or in my case an enzyme, triggers long episodes of uncontrollable vomiting. Along with other gastrointestinal problems, running three miles can be a grueling task with an illness like mine. Running is a sport that uses many different

muscle groups, the abdominals being one of them. The constant flexing and relaxing of these muscles can do a number on your stomach after a while. This, of course, was not the cause of my gastrointestinal problems, but is surely a contributor.

So how do I manage? The answer to that is simple: I don't. I don't "manage" my illness, I embrace it; using the pain and the almost unbearable stomachaches to push myself towards the finish line. While running a race, it is easy for your head to go in many directions. You can find yourself sidetracked by the woods around you, or the sidewalk under your feet. You can often find your mind thinking a little too much about how much a part of your body hurts and how bad

you want to stop. I use those negative thoughts to push me to finish.

When my mind starts to wander and I begin to think of how much it hurts and how much I just want to stop, I tell myself that I can't. I tell myself that I can't stop until I reach the finish line. And the faster I get there, the faster I can stop. But the catch to pushing myself until the end, is that I have limits.

Cyclic Vomiting Syndrome can cause episodes of intense nausea, vomiting, and lethargy. This, after time, can weaken your body and mind. Like any medical issue, Cyclic Vomiting is not something that can merely be completely pushed through. I use this illness to better myself in helping my body to work more without straining



Rachel Brooks will begin her sophomore year at Tri-Valley in September.

PHOTO PROVIDED

myself.

Cross country, or running in general, is a total body workout that affects muscle groups like the abdominals. This physically triggers the vomiting by draining the blood flow away from the stomach, this happens to many runners, but it affects me a bit more than others. When the pain reaches a point where running simply doesn't seem possible, I tell myself that stopping would only make the problem worse. I may slow down, and lighten up my pace, but I never stop.

Dealing with any illness, it's important to know your limits and how far you can push yourself without completely falling apart. Running is a great stress-reliever, and an excellent workout for any-

body. It can test your mental and physical capacity, pushing your body to limits it hasn't reached before. Pushing yourself is a great way to deal with any illness or disability, but pushing yourself too far can be bad for your health. It is important to remember to take care of your body, especially while working out.

No matter what illness or disability you have, whether asthma or a missing limb, those things do not have to hinder you in doing what you want, or in being your best self.

Rachel Brooks is a rising sophomore at Tri-Valley High School. She is a standout on the school's cross country and indoor and outdoor track teams.

LOCALS EXCEL AT SOAP BOX DERBY WORLD CHAMPIONSHIPS

Morgan Van Keuren Takes Third in Rally Masters

by John Conway

AKRON, OH — Gravity racers from all over the world converged on Akron, Ohio during the week of July 15 for the 82nd Annual FirstEnergy All-American Soap Box Derby Championships, and Sullivan County was again well represented.

Competition was held in 17 different divisions, with three place-winners in each division receiving trophies. Seven racers from Sullivan County took part, with four of them advancing past the first round of competition.

When it was all over on Sunday, July 21, Morgan Van Keuren, 18, of Liberty had captured third place in the Rally Masters division.

"It was an amazing time," Mr. Van Keuren said of



PHOTO PROVIDED

Morgan Van Keuren of Liberty captured a third place trophy in the Rally Masters Division.

his second time racing in the World Championships. "And I want to thank my father, Joe Van Keuren, and Mike Diehl. Without them, none of this would have been possible. They took

us all over to rallies all year long."

Other Sullivan County racers in Akron included local champions Hudson Danzilo of Liberty in the Stock Division, Monika

Deckelman of Fremont Center in Super Stock, and Andrew Gaebel of Livingston Manor in Masters, as well as Rally points qualifiers Brooke Roth of Liberty and Brooke Nichols of Parkville in Rally Super Stock and Baley Smith of Liberty in Rally Masters.

Sullivan County's representatives all qualified by winning first place in their division at the county race in Liberty in June or by accumulating points through participation in Rally events around the country during the year.

The International Soap Box Derby is a non-profit youth education and leadership development organization based in Akron, Ohio.

Editor's Note: Morgan Van Keuren is the writer's grandson.



PHOTO PROVIDED

Leah Exner (left), Rennie the Rooster from Sullivan Renaissance, and Lucas Dame, 10 of Neversink. Teachers and students use the walkie-talkies to communicate while walking on the Trail.

Sullivan Renaissance Invites Community to BCES Trail

FALLSBURG — On the evening of July 10, Sullivan Renaissance held an informative meeting with a group of Sullivan County residents at the Trail Head for the Benjamin Cosor Elementary School trail.

Three years ago, teachers Leah Exner and Mark Spina received a Healthy Communities Grant from Renaissance. The funds for the project had a ripple effect that attracted other grant funding, community and Town of Fallsburg agencies and businesses stepping up with resources of in-kind donations, equipment and manpower, and school staff and resources.

Sullivan Renaissance wanted to show the entire community how the seeds from this grant have contributed to the health and well-being of BCES and the surrounding area.

Colleen Emery, Project Coordinator and manager of the Healthy Community Grants program for Renaissance, acknowledged Ms. Exner for the great work she has done for the past three years in bringing the Trail to a head (literally and figuratively). Ms. Exner summarized the entire project and walked the group

through the nearly completed area.

The purpose was to provide a recreational space that began on one side of the building and continued around it for one mile. Starting out with the dream, then visualizing it, planning and researching it, creating partnerships and publicity, and involving an ever-increasing list of stakeholders, the dream has been almost fully realized and ready for its grand opening this coming fall.

"It all goes back to connections," Ms. Exner said. "To people working together and pooling resources, knowledge and skills, then moving all these for the benefit of the children and the people of our community. When we draw from the talents and strengths of those around us, we stand to benefit as a whole.

"Sometimes all you have to do is be open to change. The BCES Trail is an ongoing work in progress, and we will continue to make strides toward wellness for our children and community."

Keep watching the local news media for updates on the BCES Trail.

SULLIVAN ADDS COACH, TWO MORE WRESTLERS

One Previously a National Qualifier at Ulster

by John Conway

LOCH SHELDRAKE — SUNY Sullivan head wrestling coach Anthony Ng has announced that his team has added two more standout wrestlers to its roster.

Former Middletown High School standout, Adonis Morano will be enrolled in classes at SUNY Sullivan for the fall semester. Mr. Morano was a 2019 NJCAA National Qualifier for Ulster County Community College at 174 pounds, finishing fourth at the Eastern District 1 Championships.

During his high school career at Middletown, Mr. Morano was Section IX champion. He joins three other Section IX champions who last month signed letters of intent to wrestle for the Generals.

In addition, another former Middletown wrestler, Pedro Rosales, a Section IX champ as a high school senior in 2015 who wrestled at L.I.U. Post as a freshman,



PHOTO PROVIDED

Adonis Morano

will be enrolling at Sullivan in the fall and has indicated that he will compete for the Generals. Mr. Rosales previously wrestled at 125 pounds.

Coach Ng also announced last week that former Port Jervis High School standout and 2013 Section IX champion Travis Edwards, who wrestled collegiately at King University (TN) and SUNY Cortland, has joined the program as a volunteer assistant coach.

Mr. Ng says he expects at least one more significant signing before classes start in September.

FCSD HOOP STAR AMANDA ZENO BATTLING CANCER

Community Rallies in Support

by John Conway

FALLSBURG — Fallsburg High School rising senior Amanda Zeno, an outstanding student and athlete, has been diagnosed with Acute Myeloid Leukemia.

Ms. Zeno has begun undergoing treatment at Maria Fareri Children's Hospital in Valhalla, which is part of the Westchester Medical Center.

As profiled in the January edition of The Hurleyville Sentinel, Ms. Zeno is the undisputed star of the Falls-

burg High girls' basketball team, and is also number one in her class academically. Her coach, Daniel Redmond described her in the article as someone who "works hard for what she wants and is a leader to our team."

Not surprisingly, the community has rallied to support Ms. Zeno and her family. A "Go Fund Me" page started in her name had raised nearly \$14,000 at press time, and other rallies and fundraisers are being held throughout the area.

Writing on her Facebook page, Ms. Zeno promised, "I will fight...My dreams haven't changed and I don't plan on changing them."

She also expressed her gratitude for the outpouring of support from the community.

"I am extremely overwhelmed with all the love, support, gifts and donations my family and I are receiving during this very difficult time. Just know together we will get through this and I can't wait to be back on the court very soon."



SENTINEL FILE PHOTO

Amanda Zeno (right) and Coach Daniel Redmond during the 2018-19 basketball season.

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