

THE WORLD TAKES NOTICE

AN INSPIRATION FOR COMMUNITY REVITALIZATION *National Parks Conservation Association Recognizes Hurleyville*

by John Conway

WASHINGTON, DC – The National Parks Conservation Association has singled out the hamlet of Hurleyville for its recent rebirth in a report prepared for the Upper Delaware Scenic and Recreational River.

The praise, contained in a report prepared this fall, comes despite the fact that Hurleyville is “outside the river corridor.” Hurleyville was the only community not included in the 18-page report.

The report cites the Milk Train Trail, the Hurleyville Arts Centre, the Maker’s Lab (since renamed the Technology Hub and Incubator), The Hurleyville Sentinel, and especially The Center for Discovery as important factors in the revitalization of the hamlet, which the report says “is emerging as a model for inclusive and sustainable living.”

“Though it is outside the river corridor, it is an inspiration for community revitalization,” the report concludes.

According to Theresa Pierno, President and CEO of the National Parks Con-



servation Association, the organization commissioned the report “to spotlight some of the exciting, inspirational efforts underway by community leaders, and their recommendations to shape the Upper Delaware River region’s future vitality.”

“Many build on the region’s history of offering ‘pure air, pure water, pure milk’ as promoted in the late 19th to mid-20th centuries,” she writes. “Others leverage ‘a sharing economy’ for the shared benefits

it provides. And some are rethinking traditional activities to be more compatible with the fresh air and clean water residents and park visitors alike cherish.”

The report singles out The Center for Discovery for its \$200 million annual economic impact, and notes that more than 200 of The Center’s roughly 1600 employees live in the Upper Delaware River corridor, which benefits from their purchases, sales and property taxes. The report cites The Center’s “community

is our future” vision with remaking Hurleyville as an replicable example of how small towns everywhere can be re-invented by establishing that sense of place that has become a rare entity in modern America.

The National Parks Conservation Association, founded in 1919, is an independent, nonpartisan membership organization devoted exclusively to advocacy on behalf of the National Parks System. According to its website, the organization boasts 1.3 million members, and is “the voice of America’s national parks, working to protect and preserve our nation’s most iconic and inspirational places for present and future generations.”

The report on the Upper Delaware was funded by the William Penn Foundation and prepared with the assistance of The Harbinger Consultancy. The full report, entitled “Making Connections: Roots of Prosperity in New York and Pennsylvania’s Upper Delaware River Region,” can be downloaded at www.npca.org/upperdelaware.

NYS AWARDS THE CENTER FOR DISCOVERY \$1 MILLION *A Number of Regional Projects Receive Funding*

by John Conway

ALBANY—The Mid-Hudson region and Sullivan County were big winners when New York State officials announced last month the latest round of economic development grants. Projects in Sullivan, Orange, and Ulster Counties received more than \$30 million.

The Center for Discovery, which recently closed on its purchase of the former Frontier Insurance building in Rock Hill for creation of a Children’s Specialty Hospital and expansion of its research program, was awarded \$1 million for the project.

Other awards to Sullivan County projects included \$200,000 to Bethel

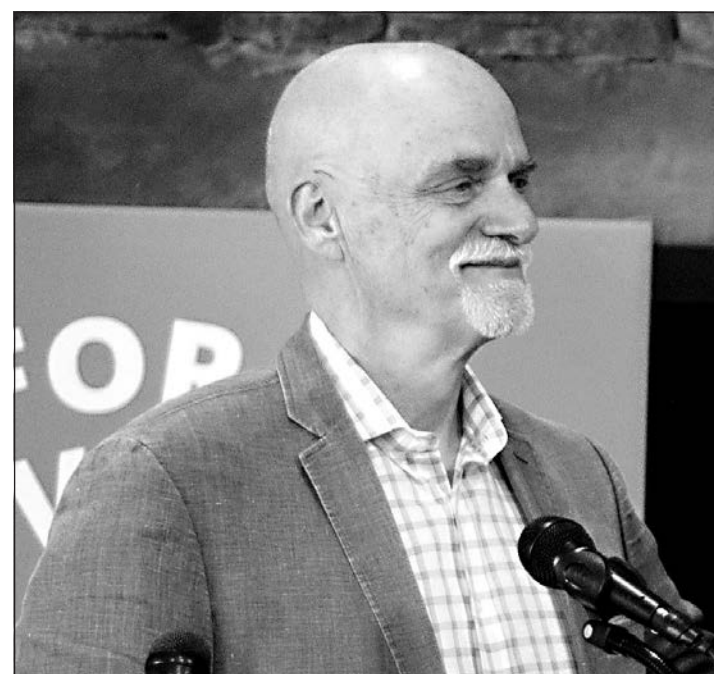


PHOTO PROVIDED

Patrick H. Dollard, President and CEO of The Center for Discovery

Woods Center for the Arts and \$104,000 to the Sullivan County Visitors Association for projects connected to the 50th anniversary of the Wood-

stock music festival this year. The County’s Division of Public Works, several municipalities and the Roscoe School District were also selected for funding.

In all, the seven-county Mid-Hudson region received more than \$87 million in grants and tax credits from the Empire State Economic Development Council, which awarded \$763 million statewide.

The Center for Discovery has embarked on the creation of a \$20 million dollar project in Rock Hill that will include a Life Sciences hub with a Children’s Specialty Hospital, outpatient medical clinic, and special education school in addition to

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STATE RACE GROUP SELECTS HURLEYVILLE *College Students Volunteered in Every State in 2018*

By Courtney Scott Gold

HURLEYVILLE – On New Year’s Eve, 2017, three college students standing in New York City’s Times Square waiting to usher in the new year came up with an idea: Starting in January of 2018, they would spend a year visiting all 50 states, volunteering in each one of them, and sharing their experiences and stories via social media.

That’s how the State Race began. And given that the three—and oth-

er members who joined in along the way—were full-time college students, it proved to be quite a challenge-- a challenge they met successfully.

And on New Year’s Eve 2018, the group returned to Times Square having completed its mission. But not before making Hurleyville its last stop.

Nine members of the State Race Group, all full-time college students, most from the

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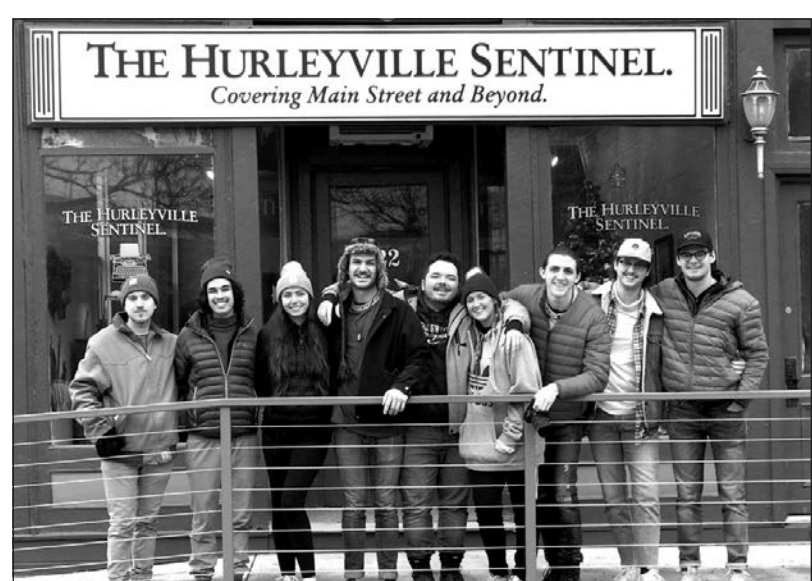


PHOTO BY COURTNEY SCOTT GOLD

Members of the State Race group touring the country performing community service throughout 2018 pose in front of The Hurleyville Sentinel office on Main Street on December 31.

LET’S TALK SULLIVAN COUNTY

by Luis Alvarez, Chairman Sullivan County Legislature

BALANCING PRIORITIES IS A NEVER-ENDING CHALLENGE

I’m often heard telling folks that it’s important we “take care of our own” by paying County employees a living wage that doesn’t require them to be lining up at our Social Services office just to put food on the family table – or just as bad, taking their skills elsewhere. I’ve written about that topic in this very space.

But that concept extends to our taxpayers, too, and it is this balance that my colleagues and I often agonize over. An undeniable fact is that New York State is losing residents largely because of the enormous tax burden placed on their shoulders, and County leaders have a responsibility to address that proactively.

It is a rare success when we can raise salaries without raising taxes, but we’re working on that right now, close to completing long-awaited contracts with sev-

eral of our employee unions. I’m confident we’ll be able to do so, thanks to a better economy and brighter prospects for everyone in Sullivan County.

But you constantly have to work at balance. It’s like walking a tightrope: the moment you rest is the moment you lose your balance. So the next “balancing act” already lies before the County. The challenge has been awaiting us for the past three years – the entire term thus far of this Legislature. If you’ve read the newspaper or talked to your local town officials, you’ve probably already heard about it: sharing new found monies with our 15 townships.

Supervisors of those towns have been asking the County for a cut of increased sales tax income since before the current Legislature was seated. And while our predecessors were close to agreeing on a sharing formula with the towns, my colleagues and I felt that we should wait to see not only what new revenues came our way, but also what new expenses cropped up. For as anyone with a budget knows



PHOTO PROVIDED

Luis Alvarez is the Chairman of the Sullivan County Legislature. He represents District 6, which includes Hurleyville.

well, expenses tend to keep pace with revenues, if not outpace them.

This Legislature agrees with me that our employees have suffered with low wages long enough, and if we are to achieve that “rare success” of raising salaries without raising taxes, we have to utilize that increased revenue from the array of new and expanded development now ongoing throughout the County.

That’s how we’ve set our priorities, and I’ve endured some very pointed criticism from town leaders for that stance. Regardless, I think

we’ve made the right decision.

However, the pleas of town supervisors to help them balance their budgets and more cost-efficiently serve their taxpayers – OUR taxpayers – have not gone unheard by this Legislature. The County already shares resources, equipment and personnel with our towns whenever and wherever we can, and vice-versa. We have to rely on each other – we’re too small a place not to.

So while we have not moved forward on sharing sales tax revenues, I believe we’ve found another new revenue stream into which towns can tap. We’re working out the details, and I plan to announce this exciting new initiative at my State of the County address, tentatively scheduled for January 24. It’s about “taking care of our own”-- in this case, our towns and our taxpayers. Stay tuned!

Legislature Chairman Luis Alvarez keeps readers up to date on what is happening in county government with his regular column in the Hurleyville Sentinel.

TCFD CONTRIBUTES AGAIN TO COSOR HIKING TRAIL

by John Conway

HURLEYVILLE—Once again demonstrating its commitment to the community and to healthful exercise for everyone, The Center for Discovery last Friday donated \$2,000 to the Benjamin Cosor Elementary School Hiking Trail.

Teacher Leah Exner, who has spearheaded the recent expansion and rehabilitation of the trail, and Fallsburg School Superintendent Dr. Ivan Katz were on hand to accept the check from staff and residents who are members of The Center’s Integrated Arts Department. It is the second significant financial contribution The Center has made to the BCES trail project.

The Trail was originally con-

ceived about 25 years ago by teachers Jessica Erikson and Lee Smassanow, and has been extended under the guidance of Ms. Exner, who has also overseen the addition of a number of learning experiences along the way, as well as projects contributed by the school’s classes, such as painted stones, painted and signed railroad ties, distance posts, bird houses, directional signs and trail brochures. The trail is open for walking, snowshoeing, and cross country skiing. It contains cross-curricular activities connecting to science, social studies, math, English, wellness and related topics.

The Trail is open to the public during non-school hours and closes at dusk.



PHOTO BY COURTNEY SCOTT GOLD

Benjamin Cosor Elementary School teacher Leah Exner (second from left) accepts a donation for the school’s Hiking Trail from members of The Center for Discovery Integrated Arts Department, including Director Jim Cashen (second from right) and Hurleyville residents Brian (far right) and Antwan (center). Fallsburg Schools Superintendent Dr. Ivan Katz is far left.

The Inquiring Photographer

by Heather Gibson

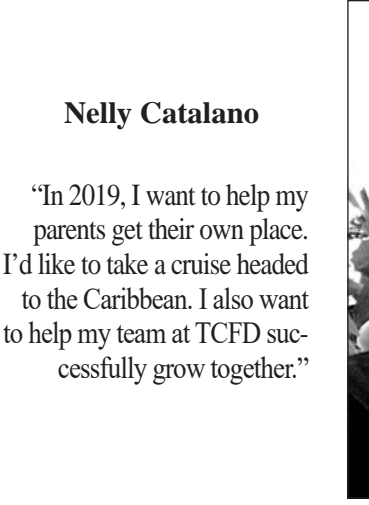


Q. "What are your goals for 2019? What do you want to check off your Bucket List?"



Gareth Boothe

"In 2019, I'm participating in The Biggest Loser Challenge with my work team. I would like to lose weight and increase my fitness."



Nelly Catalano

"In 2019, I want to help my parents get their own place. I'd like to take a cruise headed to the Caribbean. I also want to help my team at TCFD successfully grow together."



Sean Matthews

"In 2019, I'd like to find a new home for our growing family. I'd like to hike Red Rock Canyons or Zion National Park. Also, traveling to an exotic land, to eat what the natives eat, would be something cool to eventually check off my bucket list."

FROM THE FARM

by Eve Springwood Minson



IT'S THAT SEED-STARTING TIME OF YEAR!

The long, cold nights of winter are a great time to pour a cup of hot tea and begin your 2019 garden plan. Seed catalogs abound with every kind of plant imaginable and you will fall in love with what is offered. Here's a way to manage your seed cravings:

- **MAKE A LIST** of the plants you love, and some new things you'd like to try. If you are a beginner, try things that are easier to grow so you can be successful and feel good about your gardening efforts!
- **LEARN.** Seed catalogs and gardening websites are loaded with information about growing conditions, flavor, yields, disease resistance, and more, so take time and make a list. Do the plants prefer cool weather or warm? How long do the seeds take to germinate? Should they be started ahead of time indoors on a warm sunny window, or can you plant the seeds directly into the garden once it's warm outside? Before you plant, know what sort of conditions the seeds

need to thrive.

- **SKETCH IT OUT.** Even if you have a tiny plot or just a few containers, sketch things out before you start planting. You can find online garden planners to help you with this fun activity. You might also consider keeping a garden journal that will help for next year.
- **PLAN WELL.** Remember that our first approximate frost-free date is May 15, according to Cornell Cooperative Extension. Garden centers have plants available long before they should be put in the ground, so hold them over in a protected place until it warms up. Often you can plant warm-season crops a week or two earlier, if you are willing to protect seedlings from threat of frost. You don't want to lose your tender babies.
- **HAVE FUN!!** Cornell Coop Extension, websites, books, garden centers and fellow gardeners are your "go-tos" for gardening success! Most importantly, enjoy your journey bringing Spring a few steps closer!

Hamlet Happenings

by Kathleen Sullivan




PHOTO PROVIDED

The Ditchik family of Main Street were among the winners of the annual Deck the Doors contest held by Hurleyville-Sullivan first for the 22nd year.

Hurleyville-Sullivan First held its 22nd annual "DECK THE DOORS" holiday decorating contest on December 20. All holiday-decorated doors in the hamlet were eligible for prizes furnished by Hurleyville business owners and members of Hurleyville-Sullivan First.

The winners were the Ditchik family, Heather, Chris and Hayden Gibson, the Hurtado family, the Krasmiqi family, the Laguio Family, Amy and Frankie Nardi, Lillian Rose, Jakuin and Ken Saunders, Annette and Earnest "Woody" Wood and the Fiber Arts Studio at the Stonewall Farm.

Prizes for the winners were provided by the Arati Store, Catskill Amusements, Frankie & Johnny's Presents Nardi's, izzy's aunt, Jampond, QQL Enterprises, LLC, LouAnn Rexford, the Pickled Owl and Hurleyville Market on Main.

The volunteers in Hurleyville-Sullivan First continue to work on projects contributing to the revitalization of our hamlet. Anyone interested in the future of Hurleyville is encouraged to join the group. Hurleyville-Sullivan First meets on the third Thursday of each month at 7 p.m. at the Hurleyville Firehouse on Main Street.

For more information about Hurleyville-Sullivan First, please visit us at www.hurleyvillen.com or on Facebook.

The **Sullivan County Historical Society** has started an email notification list for upcoming events at the museum. Please send an email to info@scnyhistory.org asking to subscribe or use the form at www.scny-history.org to send your request.

Anyone interested in exploring genealogy and the history of Sullivan County can contact the **Sullivan County Museum** for information on volunteering. The phone number is 845-434-8044.

The Museum, located at 265 Main Street in Hurleyville, is open on Tuesday through Saturday from 10 a.m. to 4:30 p.m. and on Sunday from 1 to 4:30 p.m. Please go to www.scnyhistory.org for more information on the Sullivan County Historical Society and the Sullivan County Museum. You can also visit the Sullivan County Historical Society and Museum on Facebook.

The volunteers at the Bread of Life Food Pantry at the **Hurleyville United Methodist Church** distributed children's blankets during the month of December.

The food pantry is open each Thursday (except the first Thursday of each month) from 4 to 6 p.m. The volunteers at the food pantry also provide free clothing to families in need on the last Thursday of each month.

Volunteers at the church host the Community Lunch Program. Dates for the program will be announced on the church's page on Facebook.

Young people are invited to join in a variety of activities including board games, arts and crafts, trivia and movie nights at the church. Dates for the Youth Group will be announced on the church's page on Facebook.

A Bible study group is held at the church on every Tuesday at 7 p.m.

Please call Katrina at 845-436-7942 for more information or if you can help with any of these activities.

The members of Columbia Hill Neighborhood Alliance (CHNA) extend best wishes for the New Year to our friends and neighbors.

A detailed update on the major happenings related to the Gan Eden project on Columbia Hill is available at www.columbiahill.org.

While the Gan Eden project dates back to December 1988, CHNA was formed in 2012 when the community first heard about the 2007 site plan submission and realized the negative impact that the scale of Gan Eden would have on our environment.

For the past year, the Town of Thompson has been in litigation with the Gan Eden developer, who is attempting to force the Town to rescind zoning changes and park and recreation fees that will affect the Gan Eden development, claiming that the changes and fees are unconstitutional.

On another front, CHNA and other environmental activist groups have stalled Gan Eden's permit request to the Delaware River Basin Commission to withdraw groundwater for their proposed development.

CHNA is pleased that the Town of Thompson is exercising the appropriate level of due diligence regarding Gan Eden.

The members of CHNA appreciate the community's continued support of our efforts.

Visit CHNA at www.columbiahill.org or on Facebook to learn how you can help to protect your community.

The Scene

Music and Entertainment in and around Hurleyville

by Jane Harrison



I do believe this is a first for me, this urge to curl up in my cocoon. After living here for a decade, I now understand those who do this in the winter.

And for you hibernators, might I recommend some interesting reading material. I am privileged to personally know a few authors who have recently put out some very interesting books. My Canadian friend, Matt Williams, who is a staff writer for *Univertoday.com*, has come out with the second of his Sci Fi/Fantasy trilogy (known as *The Formist Series*): *THE JOVIAN MANIFESTO*. The first of this trilogy, *THE CRONIAN INCIDENT*, came out last year to rave reviews comparing him to the prominent SciFi/Fantasy writers, as did this one. Even if this genre is not your cup of tea, these are so well written that they grab you before you finish the first chapter and don't let go. They have been described as "following a disgraced detective on a collision course with a deadly secret" and I couldn't have said it better. Matt assures me he is close to finishing the third book and I can't wait. There is a Kindle version and one in paperback available on Amazon.

There's another book that will soon be available at the Neversink General Store. The author is local and spent many years in Sullivan County's Court System. Edward David Laguarde's *JUSTICE SERVED* is a work of fiction that strips away the onion peel layers of a 1950's justice at a time when the rights of women were just words. I found this book incredibly interesting and compelling. This will be a really good read on those nights when the wind is howling outside and the snow predictions will keep you in the next day.

If you're more into the "soft arts," Fiber On Main is opening its doors for an open studio every Wednesday night in January from 4 - 7 p.m. If you knit, crochet, spin or weave, bring your project, make a cup of tea and chat with other like-minded fiber artists. These open studios attract beginners as well as published designers, and if you are having trouble with your latest endeavor, there is always someone there to help. They also offer classes if you are interested in learning something new. For a full schedule of classes or to join their mailing list, visit fiberonmain.com.

Due to a recent bout of bronchitis, I didn't get out much this month (pout) but I did make it out to the Pickled Owl on December 22 to see the amazing duo Must Be Dreaming with Celeste Aldridge and Hurleyville's own David Bloch. My friend David let me in on this shortly after they decided to try out this new duo, and the rough recording blew me away. Celeste's voice has a decidedly Celtic lilt which adds a whole new dimension to even the covers they do.

But that was then and this is now. This was my first

time hearing them live. The harmonies are polished and professional without losing one bit of that Celtic richness. I will let you know where they will be next, and I highly recommend that you make a point of seeing them.

There were added bonuses to this night. I had the chance to see Mike Jung perform as well, in a venue other than an open mic as he picked his way through his unique style of country/bluegrass on a break. And then, on another break, I was treated to Three Hands Clapping. Many thanks to my friends for the wall-to-wall music at the Pickled Owl.

This new year is a brand new start. You can make it "just another year" or you can make it exciting. Try something new, learn something new, cook something new, read more books and appreciate that months of the author's life went into putting those words on paper while holding down full time work, or go hear live music and truly appreciate what it takes for these people to get up in front of an audience. I hereby make the following New Year's resolution: to do something I have never done before each and every month of the coming year. (Seems a lot more interesting than trying to lose a bad habit. Ha!)

Here's what's coming up in January:

Every Monday
Dutch's Open Mic: 205 Rock Hill Dr., Rock Hill, 7 p.m.

Tuesdays
Every Tuesday: OdD Tuesday with The Greater Sullivan County Search and Rescue Orchestra (Jo-

anna Gass, Steve Schwartz, Kenny Windheim, and Eric Neis), Brew, 280 Rock Hill Dr., Rock Hill, 6:30 p.m.

Wednesdays
Every Wednesday: Cab'aroke at Cabernet Franks; 38 Main St., (Exit 98 off 17W), Parksville; 6:11 p.m. Come in costume!

Fridays:
Every Friday: Sorella: Jazz Standards with Defino and Ravdin, and great Italian food! 6 - 9 p.m., 3562 State Rte 55, Kauneonga Lake

Cabernet Franks; 38 Main St., Parksville (Check their Facebook page or their website as they are awaiting confirmation on several dates)

Saturdays:
Every Saturday: Sorella: Jazz Standards with Defino and Ravdin, 3562 State Rte. 55, Kauneonga Lake; 6 p.m.

Pickled Owl, 218 Main St., Hurleyville; 6 - 9 p.m.

Jan 5: Marc Delgado
Jan 12: Far Beyond Gone
Jan 19: (to be announced)
Jan 26: Albi

Feb 2: Marc Delgado
Cabernet Franks, 38 Main St., (Exit 98 off 17W), Parksville; 7 p.m.

(These are the confirmed so far for Saturdays. Please check their Facebook page for additions)

Jan 12: Pretty Saro
Every Sunday
Music Where You Least Expect It: 11 a.m. - 1:30ish, DeFillipis Bakery, 506 Broadway, Monticello

The Catskill Distillery: Barry and Friends, Jazz Brunch, 11 a.m. - 2 p.m., 2037 State Rte. 17B, Bethel

Saturday January 5 and Feb 2: Open Mic and Home Grown: host Kevin McDaniel, WJFF radio, 90.5 FM, 12 - 1 p.m.

FROM THE WEATHER CENTER

by John Simon



I want to talk this month about lake effect snow because my grandma lives upstate close to the Great Lakes. It snows a lot up where she lives and there is always more snow around her area than we have here.

As the accompanying sketch illustrates, lake effect snow forms when cold air moves over warm lake water. Heat and moisture cause clouds to form. Clouds grow bigger and snow begins to fall. Heavy snow bands form downwind or leeward of the lake. Once the snow bands hit land, the snow band produces heavy snow and wind. Lake effect can also produce thunder snow, snow-

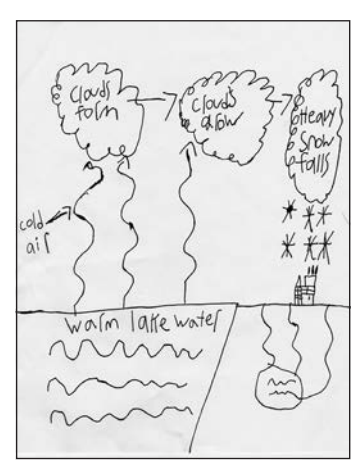


ILLUSTRATION BY JOHN SIMON

ing two to three inches of snow per hour or more. Wind direction is a key component in determining which areas will receive lake effect snow. The heavy snow may be falling in one location, while

the sun may be shining just a mile or two away in either direction. The distance that an air mass travels over a body of water is called fetch. Typically, a fetch of at least 100 kilometers is required to produce lake effect precipitation. The larger the fetch, the more precipitation will be produced.

The areas affected by lake effect snow are called snowbelts. This includes areas east of the Great Lakes, which is where my grandma lives. By the time you read this, I will have visited her over the holidays and will have packed my warm boots and mittens hoping to enjoy lots of lake effect snow.

THE HURLEYVILLE SENTINEL.
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HURLEYVILLE ARTS CENTRE

THANK YOU ALL FOR AN AMAZING 2018 SEASON!

SEE YOU ON STAGE IN THE SPRING... BUT UNTIL THEN, JOIN US FOR FANTASTIC MOVIES AND AN ASSORTMENT OF YOGA, MOVEMENT & DANCE CLASSES!

THERE'S SOMETHING FOR EVERYONE!
PLEASE VISIT HURLEYVILLEARTSCENTRE.ORG
FOR THE MOVIE SCHEDULE AND CLASS TIMES & AVAILABILITY

845-707-8047 / MAIN STREET, HURLEYVILLE, NY

Girl Scouts Learn at the Maker's Lab

by Denise Sullivan

HURLEYVILLE – One of Main Street's premier attractions continues to provide community groups with access to technology and instruction not found anywhere else in the region.

On Friday, December 14, Girl Scout Troop 60002 from Ellenville visited Hurleyville's Maker's Lab and Innovation Incubator for a 2-hour learning experience that helped them earn their first STEM merit badge.

The STEM acronym stands for science, technology, engineering, and math. STEM badges are relatively new in Girl Scouts, an organization which is stereotypically known for selling cookies, but delivers leadership and civic engagement skills to a membership in the millions. They announced in July that girls aged 5 to 18 can earn an entirely new set of 30 badges to add to their collection, and they're based on the technologies and needs of the future. The Girl Scouts' new STEM badges will help girls hone their skills in "environmental stewardship," coding and robotics, cyber security, and mechanical engineering, a



PHOTO PROVIDED
Members of Girl Scout Troop 60002 from Ellenville get instruction from Mark McNamara.

press release reported.

The Makers Lab and Innovation Incubator, which has since been renamed the Technology Hub and Incubator at The Center for Discovery, continues to provide a wide variety of workshops through hands on learning for community children in after school groups, scouts and 4H

chapters.

On that Friday evening, nine Junior Scouts in fourth and fifth grade from Troop 60002 came prepared with ideas for designing door signs and cell phone holders. First, they observed the fabrication process of moving a design from computer to execution on the laser cutter, and scouts were

eager to help turn on the compressor and exhaust fan while asking scores of questions.

Several scouts filmed video of the laser cutter burning through a demonstration project. They then learned basic tools and layout in Adobe Illustrator in the digital design lab with Mark McNamara. Scouts worked in teams to create their designs, which included importing graphics and emojis, and using Photoshop to improve the quality of pictures. Once they finished, they named and saved their projects before touring the lab to see several other digital fabrication tools.

Seeing the CNC router and 3D printer prompted more questions from the eager scouts, as they made observations about the design-and-build processes in the lab. Once a skill set has been acquired in one software application, those abilities can be applied to other programs and tools. Troop leaders asked to bring the girls back for more learning experiences that will help the girls access additional badges, and ultimately, more universal 21st century skills in science, technology, engineering, and math.



PHOTO PROVIDED
The Life Skills class at Fallsburg Central was busy this holiday season. Pictured are (front left to right): Christian Chavez, Ashley Miller and Amber Price; (second row left to right): Keiondre Thomas, Ms. Karen Larson, Elijah Fitts, Shimi Bleich, Ms. Helen Jordy and Ms. Pooja Sharma.

Fallsburg Life Skills Class Learns About Marketing

FALLSBURG – In November and December the Life Skills Class at Fallsburg Jr/Sr High School were as busy as Santa's elves designing, creating, marketing and selling holiday crafts, including no-sew colorful scarves, painted wooden items made out of salvaged pallets, and baked dog biscuits for family pets.

On December 1, the stu-

dents brought several of their wares to the Craft Fair at Mountandale Fire House as part of their transition skills to learn how to interact with the community. In the process, they were learning about non-traditional ways they can earn a living by being creative!

They brought these skills and others learned in the classroom back to the

school. They created a radio jingle advertising their products that was "broadcast" over the school announcement system, they made fliers extolling their products, and they put out the word that they were happy to create personalized items in a choice of colors for holiday gifts. Several staff members became satisfied customers.

The experience of de-

sign, creation, production and marketing summoned up student mathematical, artistic, verbal, and written skills. Teacher Karen Larson and Teaching Aides Helen and Pooja Sharma were very pleased at how much energy the students put into this work and how much learning occurred. Seeing the enthusiasm in the "workshop" was inspiring.

EMS Beat

by Albee Bockman, AEMT-P



"PARAMEDIC APPROVED NEW YEAR'S RESOLUTIONS!!!"

Happy Holidays, Hurleyville!!!

We've all made them . . . and . . . we've all broken them. What am I talking about? Yup! New Year's resolutions. Many of us set goals to get into shape after gorging ourselves in Chanukah latkes and Christmas hams; watching our drinking habits, whether alcohol or soft drinks; or even managing our stress levels better. However, we often put too much pressure on ourselves to achieve our resolutions or begin to slowly - - or quickly - - forget that we had even set these resolutions.

You may not think so, but there are resolutions the medical community wishes you would make regarding your health. Start your resolution early. It's not written in stone that you begin your resolution on January 1. If your goal is to exercise more, begin eating healthier or both, don't wait to "ring in" the New Year before you begin your exercise regimen. These healthy lifestyle changes are ben-

eficial to begin right away. Remember . . . there's no time like the present!

We can't stress enough the importance of SLEEP. There are many reasons why you should focus on getting more sleep. Sleep deprivation can have many adverse health effects. A lack of sleep can make you unable to focus your attention, meaning you're unable to learn efficiently. It also plays a role in the consolidation of memory. More importantly, not only does sleep play a role in your cognitive health, but also your physical health. According to the CDC (Centers for Disease Control), sleep deficiency has been linked to an increased risk of cardiovascular disease, obesity, and diabetes. Listen to this one!!! According to the National Highway Traffic and Safety Administration, "drowsy driving" causes over 75,000 crashes a year with injuries and deaths. Another statistic: We men are more likely to drive drowsy than women, and almost twice as likely

to fall asleep at the wheel as women.

Over the years, many health and diet programs have told us to eat healthful foods and . . . MOVE. There couldn't be more truth to that. There are many ways to become and remain ACTIVE. Walking is perhaps one of the most beneficial ways to exercise. We are so blessed to live in one of the - - if not the - - most beautiful hamlets in Sullivan County; and further blessed to have the "Rails to Trails" to walk and visit the beauty of nature and its inhabitants. Yeah, keeping that motivation going can be difficult, especially when we have busy schedules. But it is important to schedule a regular workout time that works best for you. We all know how easy it is to fall into a rut when we first get started. So mix it up!!! Walk one day, stretch another, move some muscles in front of the TV. But MOVE!!! This will help you stay motivated, focused, and true to your resolutions.

If the goal is to lose

weight, don't keep running to the scale. Checking it constantly won't give you an accurate reading because body weight fluctuates. And screaming at the scale will not help! This resolution is perhaps the most common. With hectic schedules like most of us have, it can be soooooo easy to hit the drive-thru at Mickey D's or BK. But we know that a poor diet can lead to poor health and the onset of many chronic conditions. So stay strong, focused, and determined!!! HOWEVER . . . if you eat a leftover Christmas cookie or Chanukah latke, don't punish yourself. Small rewards here and there can be motivating and shouldn't be a reason to give up on your resolution.

Finally, the best way to know you are staying healthy is to see your doctor regularly and get an annual physical. The exam will screen you for any medical issues and risks of future problems.

Have a safe, happy, and healthy holiday season, Hurleyville!!!

OUT DIVINE CORNERS WAY

by Jonathan Shimkin

As we approached the solstice, it was getting dark by 4:30 in the afternoon. With the heavy cloud cover, it was doubly dark; only the residual glow of the snow on the ground would light my way down our long, curved driveway to the mailbox at its end. When I turn back, letters in hand, I always have to pause and catch my breath in wonder at what I see: the woods behind our cottage, a dark mass, and the dark sky overhead merge into one black expanse and, scooped out of the darkness, like a frail vessel borne across a dark sea, streams the only visible light, coming from the windows of our cottage, a small luminous sphere that appears to be afloat there, in the middle distance.

The winter solstice is met each year with celebrations that converge around the theme of light, as if to maintain some essential balance. Candles are lit; trees and wreaths are strung with twinkling bulbs. In Northumbria, England, there is the ritual of the Allendale Fire; barrels of tar and paraffin are set alight on the last night of the old year as costumed celebrants dance to welcome the slow steady swell of extended daylight.

How the light and dark comport with one another is understood in various ways; mood and context surely play their part in this. Are light and dark seen as competing forces,

locked in primal opposition to one another? Are they complementary, yin-and-yang fashion, and mutually derived in a way that figures some higher unity? The light of a lone ship on a nighttime sea is surely a lonely sight, but a single star in the night sky is part of the whole and doesn't appear lonely at all.

On December 1, at the end of a day-long holiday celebration in Hurleyville, a small crowd gathered around the fir tree, at the Milk Train Trail Park, for a tree lighting ceremony. At 4:30 in the afternoon, the clouds rolled in and thickened the darkness.

I looked around, moved by this coming together in tender commemoration of civic custom at a time when the social fabric of our nation seems as fraught as the night is huge. It was an act of communal affirmation, of collective hope. We sang some, and then counted down to the mo-

ment of illumination: 10, 9, 8. . . At "1" a switch was flicked and the lights came on; there was a collective cheer before people quickly dispersed, for the night was cold and the lighted windows along Main Street beckoned with the promise of warmth.

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From the Firehouse

by Jack Halchak, Past Chief H.F.D.



The Hurleyville Fire Department is always looking to recruit new members. You can stop in on any Monday evening at 7 to get an application or see what we are all about. If you don't want to fight fire, we can use fire police or you can work behind the scenes and support the front line fire fighters. We do more than just fight fire. We even provide all of your training and gear for free.

The fire department held their annual meeting and elections in December. At this meeting we always remember those that answered their last alarm with our annual remembrance service. Chaplain Jim Kaufman gave us a brief sermon and the bell tolled as each departed member's name was read.

Elections were held and the following were elected:

- Chief - Alan Price
- 1st Assistant Chief - Charles Payne
- 2nd Assistant Chief - Fred Froehlich
- Captain - Tony Harvey
- 1st Lieutenant - Josh Conlon
- 2nd Lieutenant - Devin Knight
- Captain of the Fire Police - Edwin Ayala
- President - Chris Gibson
- Vice President - Miranda Behan
- Secretary - Erica Payne
- Treasurer - John Jaycox
- Delegates to (HVVFA) Hudson Valley Volunteer Firemen's Association: Chris Gibson as delegate and Charlie Payne as alternate
- Delegate to (FASNY) Fireman's Association State of New York: Nelson Durland
- Delegates to (SCVFA) Sullivan County Volunteer Firefighters' Association:

Delegate is Barry Herzbrun and alternate is Nelson Durland

The fire department responded to another call at Morningside Four Corners. It appears that one of the cars ran a red light. Both cars had a great deal of damage but all were OK. Remember, as I have stated a number of times in this column, you cannot beat the light coming from Loch Sheldrake to Hurleyville.

On a different note the Sullivan County Bureau of Fire has launched a Facebook page.

<https://www.facebook.com/SCBureauOfFire>

Right now we are posting the training schedule and some fire prevention material. Any and all suggestions for content are welcome. Shoot me an e-mail jack.halchak@co.sullivan.ny.us

Now on to winter sports: The Hurleyville Fire Department, in cooperation with the Town of Fallsburg Youth Commission, will be holding the 31st Annual Ice Fishing Contest, Saturday, February 9, 2019. The contest will take place on Morningside Lake off of Brickman Road in Hurleyville from 7 a.m. to 3 p.m. Registration will take place the day of the contest at the lake. Registration is \$5 for adults, and free for those 15 and under.

We are also holding our annual Super Raffle that day. First place is an 8-quart Instant Pot 9-in-1 Pressure Cooker, second is a 7-in-1 Power Air Fryer Oven, third is a 15-piece Henckels International Knife Set, fourth is a DieHard Battery Jump Starter, and fifth is a Mac Wagon Collapsible Wagon with table. You don't have to be there to win. See any Hurleyville firefighter for tickets.

Hurleyville Fire Department & Town of Fallsburg Youth Commission

31st Annual Ice Fishing Contest

Morningside Lake, Hurleyville
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Refreshments and bait will be available. We will also drill holes for you if needed.

There will be adult and youth divisions, with trophies for first, second and third in the following categories; PERCH, PAN FISH, BULLHEAD, WALLEYE AND PICKEREL. All fish must be legally caught and be of legal size.

There is also a special Firemen's Contest. The Rich Farquhar Memorial Chief's Cup goes to the top firemen's fishing team. A team can be one, ten or as many as show up. All team members must belong to the same fire department. As in the past, the cup is passed from year to year to the winning team. There is also a first, second and third place team trophy in the firemen's contest. Last year's winner, the Neversink Fire Department will be out in full force to defend the

cup they won. I'm sure past champions Smallwood-Mongaup Valley, Monticello, Tappan and the Loch Sheldrake Fire Departments will be there in force to try and fish it away from them.

This contest has produced some real big fish in past years. And a good time is always had by all.

When you are reading this, it could be down near zero or up in the fifty degree range, who knows with this winter? If it is cold, make sure you service your portable heating devices. Check the cords on your electric heaters. Never put a portable heater in a hallway or doorway, as it may block your way out. Also keep heaters away from bedding, furniture, curtains and other combustible materials. Turn them off when going to bed or leaving the house.

Have a safe and healthy New Year.

FROM THE FILES OF...

THE HURLEYVILLE SENTINEL

The Only Newspaper Published in the Town of Fallsburg

COMPILED BY FRED FRIES FROM THE ARCHIVES OF THE Sullivan County Historical Society

January 29, 1937

Contest Seen for deHoyos Village Post

A spirited contest in the village election in Monticello next March was forecast this week with the endorsement by the Monticello Chamber of Commerce of three candidates for village offices. These include Fire Chief Robert S. York as candidate for Mayor, and Nathan D. Leffer and Ralph Coddington, trustees, as candidates for re-election to the village board.

Heretofore, endorsement by the Chamber of Commerce has been considered tantamount to election as opposition to the ticket offered by the business group has been unusual.

It had been generally understood, however, prior to the Chamber's action, that Mayor Luis deHoyos, incumbent, would be a candidate again this year. He ran last year with endorsement of the business body of which he was an organizer and in which he has always been an active figure. It was considered significant by friends of Mr. deHoyos that the endorsement was made while the Mayor was absent on a business trip. He is expected to return this week.

Legion Appeals for Clothing for Flood Sufferers

American Legion members were sending out appeals to local residents



PHOTO PROVIDED
Monticello Mayor Luis deHoyos was already a powerful politician when he ran for re-election in March of 1937.

for contributions of warm clothing, blankets, pillows, and canned food supplies for the flood sufferers in the stricken areas. Citizens are urged to bundle up all discarded coats, sweaters, etc. hanging forgotten in clothes closets and attics. Members of the legion will call for the items in a house-to-house canvass.

Elderly Hurleyville Resident Passes Away

Joshua Terwilliger, seventy-eight, of Hurleyville, died suddenly at the home of his daughter, Mrs. Edo Porter, on Wednesday, the victim of a paralytic stroke. He had lived with his daughter for the past twenty years. Born in Divine corners, he was the youngest of a family of ten children, all of whom have passed away. He had spent his entire life in this region. His wife, the former Eleanor Bertholf, died twenty years ago.

Funeral services will be held at the local M.E.

Church on Saturday afternoon at two o'clock with the Rev. Herbert Hahn officiating. Survivors include his daughter, Lula, wife of Edo Porter; her nine children, and one other grandson, Wesley Terwilliger of Paterson, N.J.

January 14, 1938

Sullivan County Eagles Play Jersey City Here Saturday

As the season progresses, the management of the Sullivan County Eagles basketball team, in order to satisfy their fans, are securing better teams as their opponents. This Saturday night, the Eagles will play the Jersey City Pros at the Hurleyville High School Auditorium. The Jersey City outfit have played and won eleven games thus far this season, and are recognized as the Northern New Jersey State Champions.

The visiting line-up is composed of former New York University, Manhattan College, and John Marshall College players. The Eagles, recognized as the champions of Sullivan County, have won five games and lost two, losing last Saturday night to the Orange-Sullivan League All-Stars. Frank Wittman scored twenty of the All-Stars 35 points while Len Welter scored ten of the Eagles 23 points.

E.F. Curley, Sullivan Undertaker, Dies at 71

Edward F. Curley, prominent Sullivan County undertaker and author of

a historical book on old Monticello, died Monday at his home. Mr. Curley would have been 72 next week. He was born January 19, 1866 in Monticello, a son of Thomas and Frances Kennedy Curley. As a young man, he assisted his parents in the operation of the Curley Hotel, which then stood on Broadway at the Fallsburg Road. After death of his parents, he continued its operation but entered the undertaking field thirty years ago. Seven years ago he established the Curley Funeral Home. In May, 1888 he married Miss Agnes L. Cavanaugh of Monticello. She survives him.

Hotel Owners Seek Reduced Phone Rates

Activity on the part of Sullivan and Ulster County hotelmen to bring about the return of night-rate tolls in both Counties during the summer months and refusal of the New York office of the telephone company to make any concessions in the face of a claimed loss of \$100,000 annually in Sullivan, were revealed at a recent meeting of the Monticello Chamber of Commerce.

Joseph Novack, operator of a Sackett Lake hotel, appeared as a Chamber member and as a representative of the Mountain Resort Association, which includes the twenty-one largest hotels in Sullivan and Ulster, to procure endorsement of the hotelmen's plan to compel restoration of night rates. The reduced toll was cancelled here almost ten years ago.

FROM THE FALLSBURG LIBRARY

by Kelly Wells & Amanda Letohic

Happy New Year from all of us here at the Fallsburg Library! 2018 was great, and we're hoping 2019 will be even better.

As we start the New Year, we want to let you all know about an exciting, new addition to our online resources. With your Fallsburg Library card, you now have access to Consumer Reports Online!

Consumer Reports tests, rates, and reviews thousands of consumer products, and now all of that information is readily available at your fingertips. Need a new washer/

dryer - check out which models are rated the best. Thinking about getting a new car? Check out the safety and consumer ratings before committing. You can easily access Consumer Reports by visiting our website, www.fallsburglibrary.org, and clicking on the 'Consumer Reports' logo along the left side of the web page (just below Rosetta Stone). Just type in your Fallsburg Library card number and you'll be ready to explore!

We'll also be kicking the New Year off right with

some more fun programs for all ages. We'll be continuing our Children's Craft Night on Monday evenings at 6 p.m. Check out our online calendar for details on what we'll be doing each week. Many of the crafts are best suited for those ages 6 and up.

We also have our Pre-school Story Time Tuesdays at 10 a.m. Bring your toddler/preschooler in for a story and craft. For adults, we'll be making Knotted Fleece Scarves on Thursday, January 16 at 6 p.m. - just in time for colder weather. We'll also be making Air Dry Clay Bowls on Wednesday, January 16 at 6 p.m. - perfect to place small trinkets/jewelry for safe keeping on a night stand/dresser. Registration

is required for both of these programs and spots are limited, so please be sure to call or email to sign up.

Here's a reminder of our contact information, call: 845-436-6067, email: fbr@rcls.org, stop in: 12 Railroad Plaza, South Fallsburg, NY, or follow us on social media!

As we enter winter with unpredictable weather, please be sure to visit our website, Facebook page, or call for up to the date information about delays, cancellations, and/or closings.* Please also note that the Fallsburg Library will be closed on Monday January 21, 2019 in observance of Martin Luther King Jr. Day - no programs will be held that day.

NEW HOPE COMMUNITY MEETS ST. ANDREW'S FOOD PANTRY

LOCH SHELDRAKE - For the past eight years, New Hope Community (NHC) has been sending a crew from its Supported Work Program to clean and polish the floors at South Fallsburg's St. Andrew's Episcopal Church basement. The Food Pantry, organized 30 years ago by parishioners, is located in that area. NHC increased its involvement in the Food Pantry by volunteering a crew of residents and staff once a month, when food is delivered from the Northeast Regional Food Bank.

Two weeks ago, Amy Leroy, Director of Staff Training and Development, contacted Larry Schafman, volunteer at the Food Pantry, and coordinator with NHC volunteer crews. She wanted to offer some non-perishable food items collected by New Hope, meet the organizers of the Food Pantry, and introduce the new CEO, Debbie McGinness.

On December 18, 2018, sisters, Cynthia Johnston and Linda Goldstein, along with Mr. Schafman, met Ms. McGinness, Ms. LeRoy and three other staff at NHC's main conference room. Ms. McGinness welcomed everyone and introduced herself. She was



PHOTO PROVIDED
Pictured following a productive meeting are (left to right): NHC Coordinator of Events Christina Seti, NHC Nurse Educator Muriel Cypert, St. Andrews Food Pantry organizer Linda Goldstein, Co-Organizer of the Pantry and sister of Mrs. Goldstein, Cynthia Johnston, NHC Director of Staff Training and Development Amy LeRoy, NHC CEO Debbie McGinness, and NHC EHR Administrator Robyn Vanlowe.

impressed to hear that the food pantry was celebrating 30 years of service to the South Fallsburg hamlet!

The food drive at NHC was a part of the Nourish Your Neighbor Healthy Food Initiative through Cornell Cooperative Extension (CCE). The new CEO is becoming aware daily of how many wonderful

people and organizations exist in Sullivan County. She wants to meet as many of them as she can, and see how everyone can collaborate to enhance communication and develop strong working relationships that benefit the community.

Many ideas surfaced during the next hour-and-a-half, where NHC could share

its building facility and other resources. St. Andrews could offer its wonderful musical connections that sponsor chamber music at the church. Ms. LeRoy sent a note of thanks to the visitors and said NHC is looking forward to future collaboration. The food drive with CCE is part of their outreach.

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PROLOGUE

Dietrich Lamb could feel his heart begin to race as the car picked up speed on the nearly deserted highway west of Atlanta. It was always a thrill to push a finely tuned sports car toward its limit, he thought, but even more so when that car was a one of a kind machine you had built all by yourself. Well, almost all by himself, he thought. He did have the assistance of a number of college interns who did most of the actual hands on work over the several months it took to complete the project. The car itself—the frame and chassis and body, even the suspension—were that of an old Porsche 944. But what made this particular vehicle special, actually unique in the true sense of the word, was its powertrain. This “Lamb-orgini” as he liked to call it, was powered by a pair of three-phase alternating current electric motors and a prototype nuclear plasma battery he had invented and spent nearly 20 years perfecting.

Lamb cursed himself as he realized he was allowing his mind to wander despite his best attempts to remain focused on the road and the car, to record, at least mentally, how it responded to acceleration and deceleration, to demands for torque and for horsepower. Yet he couldn't help gloating. This day had been a long time coming. The new battery,

which he had literally just completed and installed, was revolutionary. Not much bigger than a shoebox, nor much heavier than a conventional lead-acid battery the same size, it would provide more than sufficient power for any vehicle for an almost unlimited length of time without recharging. Its energy density and power density were off the chart, in fact, so far superior to any other battery anywhere it was almost incomprehensible.

While its immediate use was providing the power for the Lamb-orgini, its potential applications were far greater than changing the face of transportation forever, ranging from completely powering a home for years on a single charge to providing inexpensive electricity for factories, refineries, even entire cities. Well, maybe not refineries, he chuckled to himself. Who would need oil anymore, once this battery hit the market?

Again he snapped out of his reverie and stepped down on the pedal that activated the rheostat that controlled the power to the wheels and the car instantly and smoothly increased its speed. He knew that a computer program he had written himself would fulfill the function of a transmission and adjust the power according to the feedback the onboard computer received from a dozen sensors. He wanted to see how the pro-

gram performed, but he was mostly interested in the battery and how it functioned in actual field conditions.

He was a genius, of that he was fully aware, but there was plenty that could go wrong between the theoretical, in which he excelled, his grasp of physics and engineering perhaps unmatched in the entire world, and the practical, where the rubber actually met the road, so to speak. That's where he missed his old partner, who had been a genius in his own right, with skills perfectly complementary to Lamb's own. A little weak in math, maybe—hell, be honest, a lot weak in math, at least math at this level, but much more hands on, and creative and visionary and smart as a whip. And he knew it, the arrogant bastard. That's one reason their partnership had dissolved so many years before.

Lamb felt almost a physical pang as he was suddenly struck by the irony that this new, revolutionary, game changing battery was actually his partner's idea. He had envisioned it two decades ago, but it had taken Lamb's own knowledge of nuclear physics, one of the two doctorates he held from the Georgia Institute of Technology, to make it a reality. Still, even given that, it had taken him twenty years to do it. No, Quint, he thought, you never could have made this happen on



Dietrich Lamb was surprised to see in his rear view mirror a vehicle approaching him from behind at high speed.

your own, so screw you. His only regret was that MacArthur Quint, once his roommate and friend as well as his partner, was not here to witness this incredible personal triumph. But if all went according to plan, it wouldn't be long before Quint—and the whole world for that matter—would hear all about

this new breakthrough.

Lamb had been so lost in his thoughts he hadn't noticed a car approaching behind him until it had suddenly pulled out to pass. It seemed a bit odd, he thought, that a driver would find it necessary to pass him at this speed, but there were all kinds of people in this world. Still, he wondered,

where could someone be going in such a hurry at this ungodly hour of the morning?

As the vehicle drew closer, he had the sudden realization that it might be law enforcement. Obviously he had been speeding, and the black GMC Yukon had the look of a cop's car. He instinctively slowed a bit

as the other vehicle drew alongside, and Lamb was surprised to see a man in the passenger seat roll down his window and point something at him. It looked like a camera.

“You're taking my picture?” he thought out loud. “Why are you taking my picture?”

Another thought suddenly occurred to him. Janice. Had his wife finally done it, and hired a private detective? He knew all the late hours and overnights he had been working were straining his marriage, but he never thought his wife had any real doubt where he was or what he was doing. If anyone should be doubting anyone's fidelity, it should be him. He always knew he had married out of his league, and after eighteen years of marriage, more than twenty years of being together, his wife remained a beautiful wom-

an. A beautiful woman with a lot of spare time on her hands.

“Damn it, D-Lamb,” he derided himself aloud. “You must have really pissed her off this time.”

Strangely, the black SUV began to lose speed and fell back, but Dietrich Lamb did not notice. His heart had suddenly begun to beat uncontrollably, wildly, beating faster and faster. The last thought he had was that it was literally going to explode in his chest. And then it did. The world began spinning violently, and then, for Dietrich Lamb, all was dark. Peaceful and dark.

This is an excerpt from a novel in progress, with the working title Over Unity. Further excerpts will appear in future editions of The Hurleyville Sentinel as the book is written.

NEW BOOK FEATURES SULLIVAN COUNTY STORIES

Former County Resident Michael Gold's “Raining Delusions”

by John Conway

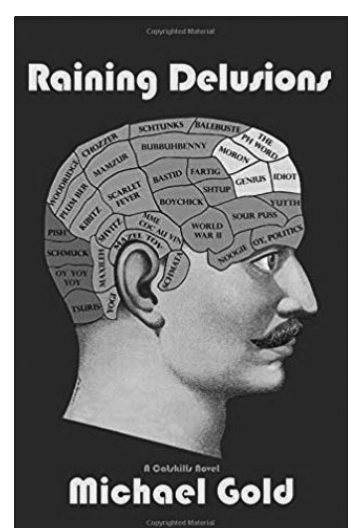


PHOTO PROVIDED
Raining Delusions: A Catskills Novel by Michael Gold is available in paperback from Amazon.com.

NEW PALTZ—Michael Gold has been a successful professional photographer for decades now, first in Sullivan County and more recently after relocating to New Paltz some years ago. Despite the move, and the fact that most of his work these days takes him far from the area, the Catskills are in his blood.

The Sullivan County Catskills, that is.

And now his work of fiction, “Raining Delusions: A Catskills Novel,” in which Mr. Gold weaves together a number of storylines about the county based on his growing up here, has been published by Amazon.

Mr. Gold, whose business, The Corporate Image, specializes in all manner of photography, including headshots for actors, authors, lecturers, singers, dancers, models, musicians, bands, composers, conductors, artists and politicians, says he is “absolutely wired” about the release of the book, “after

in the 1930s. All are told with an often ribald sense of humor.

In the introduction, the fictional Mr. Ernstein writes that the book is “about those who grew up in a tiny community in the Catskills and how they related to family, friends, lovers, life's experiences, obstacles and fate.”

“Some of the events are based on memories, fragments of information, really, of village life and the eccentric way people communicated with one another, the borscht Belt Way,” he writes.

In a jacket blurb, Hester Mundis, formerly the head writer for the Joan Rivers Show and a four-time Emmy nominee, calls the book “brilliant,” “spot-on accurate,” and “resoundingly wonderful.”

“From first page to last, the story is incredibly rich in emotion,” she writes.

“Raining Delusions: A Catskills Novel” by Michael Gold is available in paperback from Amazon.com.

more than two years of writing, revisions, corrections and more.”

“Raining Delusions” is a collection of loosely connected stories told by the fictional narrator, Noogie Ernstein, who grew up in Woodridge during the heyday of the Sullivan County resort industry. The stories touch on sundry topics, including interacting with the infamous gangsters from the realm of organized crime who used to visit—and in some cases ply their trade in—the area

FALLSBURG LIONS DONATE

SOUTH FALLSBURG – On December 24, Town of Fallsburg Lions' Vice President Tim Pantel presented donation checks of \$500 each from the organization to South Fallsburg's St. Andrew's Episcopal Church Food Pantry organizers Cynthia Johnston and Linda Goldstein, and to Kathy Kreiter, The Director of The Federation for the Homeless in Monticello.

Both organizations were very grateful. Ms. Kreiter told Mr. Pantel, who is an electrician, that the money “will help keep the lights on at the Federation.”

PHOTO PROVIDED
At right: Fallsburg Lions Club vice President Tim Pantel (right) presents a check to Kathy Kreiter, Director of the Federation for the Homeless.

PHOTO PROVIDED
Cynthia Johnston (left) and Linda Goldstein (center) of the St. Andrew's Food Pantry accept a check from the Fallsburg Lions Club from club vice president Tim Pantel.

NYS AWARDS

FROM PAGE 1

vance the field of caring for and treating individuals with chronic, complex conditions such as Autism Spectrum Disorders, complex medical frailties, Alzheimer's and dementia, and more.”

Work on transforming the Rock Hill building has already begun and the project is expected to take about 18 months to complete.

The Center's project is “fully aligned with New York State's vision to create a research corridor and strengthen the regional economy,” Mr. Dollard said. “The proposed Research Institute will allow TCFD's research faculty to conduct pioneering studies to ad-

Atlanta, Georgia area, spent the morning in Hurleyville, eating breakfast at the Hurleyville Market, and litter plucking throughout the community in the company of staff and residents of The Center for Discovery. The State Race Group had spent the previous night in a Hurleyville AirB&B.

Hunter Reynolds, one of the founders of the project, said the group loved Hurleyville, which they found

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Despite a light drizzle, the Third Annual Winter Solstice Walk along the Milk Train Trail brought a steady stream of walkers to Hurleyville on December 21. Participants also enjoyed a sound healing demonstration and musical entertainment in the Hurleyville Arts Centre. At its conclusion, organizer Jim Cashen called it “a joyful event,” and a young participant who travelled with his mother from Poughkeepsie to take part rated it “5-plus stars.”

STATE RACE

FROM PAGE 1

to be “a great place.” He said some members of the group planned to return to catch a show at the Hurleyville Arts Centre.

Mr. Reynolds said he has thoroughly enjoyed the past year, especially “getting to volunteer and meet people all around the country and seeing how many different ways there are to help.” He said he hoped the group's efforts would convey a message to people, encouraging them to volunteer within their own community.

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SENTINEL SPORTS



A STAR AMONG THE COMETS

FALLSBURG JUNIOR AMANDA ZENO SHINES



PHOTO BY ANGELICA RODRIGUEZ

Fallsburg junior Amanda Zeno doing what she does best—scoring—in a recent game against S.S. Seward.

by Angelica Rodriguez

FALLSBURG – Amanda Zeno has been playing basketball at the varsity level since eighth grade.

This year, she is rapidly approaching a career total of 1,000 points, in just her junior year. A complete player, and ever consistent, she averages 26 points, 8.5 rebounds, 6.5 steals, and 4.7 assists per game. If form holds, she is expected to reach the 1,000 point milestone on January 3, in a home game against Burke Catholic.

Ms. Zeno has had support every step of the way. Her parents and her coach, Daniel Redmond, are proud of how she has come a long way. Her classmates are very excited for Ms. Zeno, too.

Ms. Zeno is a dedicated team player, always treating her Fallsburg teammates

as family. She works hard on and off the court, and continues to succeed, even dominate throughout the season. She modestly plans on eclipsing the Fallsburg school scoring record, set by her former teammate, Diamond Weeks, who amassed a total of 1,537 career points.

“I am honored to score 1,000 points,” Ms. Zeno said. “It is a major accomplishment that not everyone in high school has the opportunity to achieve, but I have been blessed with amazing teams throughout the years that helped me be able to reach the 1,000 mark.”

She also works incredibly hard, training with Gymratz Performance, playing with different teams in AAU competition, attending basketball camps and showcases. As of now, she attends NY Gauchos. And this talented

young lady has won many MVP’s.

“As a coach I’m very happy to work with a talented and wonderful player,” her coach, Daniel Redmond said. “She works hard for what she wants and is a leader to our team. I’m very happy and proud of her.”

Mr. Redmond knows he has been fortunate to coach two accomplished players in recent years, noting that, “Diamond [Weeks] had scored her 1,000 points two years ago, now it’s time for Amanda to shine. I cannot express how excited I am.”

Ms. Zeno needs to score 21 points in order to reach her goal. Whether or not she achieves her 1000th point against Burke, she will continue to work hard toward the moment she has been waiting for.



PHOTO BY ANGELICA RODRIGUEZ

Fallsburg Girls' Basketball Coach Daniel Redmond (left) with standout guard Amanda Zeno.

SULLIVAN WRESTLERS EXCEL IN CLASSROOM, TOO

by John Conway

LOCH SHELDRAKE – SUNY Sullivan wrestling coach Anthony Ng firmly believes that building a winning program is about creating a culture of excellence, not just on the mat and in the wrestling room, but in all pursuits, including the classroom.

Mr. Ng was particularly happy to announce last week that two of his wrestlers had earned President’s List academic honors for the fall semester and another was named to the Dean’s List.

The school’s President’s List comprises full-time students who have attained a semester grade point average of 3.75 (out of 4) or higher.

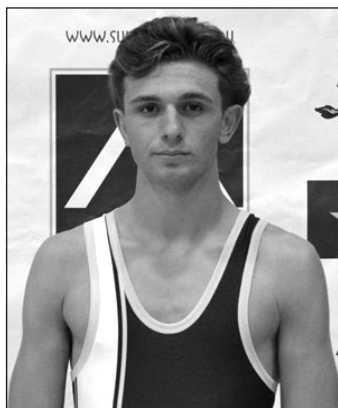


PHOTO PROVIDED

Avery Ellison

Dean’s List is for full-time students with a semester grade point average of 3.25 to 3.74.

Generals’ 125-pounder Avery Ellison and 141-pounder Robert Satriano were named to the President’s List while Brian Mascaro earned a place

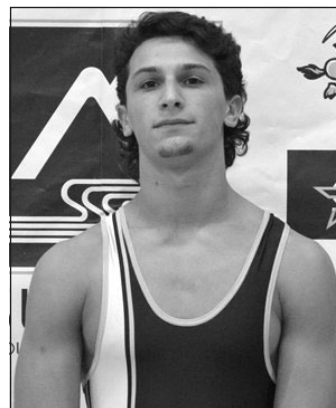


PHOTO PROVIDED

Robert Satriano

on the Dean’s List.

“We have kids who want to matriculate and study at four year institutions, and good academics is how you accomplish that,” Mr. Ng said. “When you combine good academics with athletic achievement there is the po-

tential for scholarship offers and other subsidies that can make the cost of your education more bearable. And even better, some may be able to get into schools that may have seemed unattainable at one point in their lives.”

The Generals resume their wrestling schedule with a dual meet against the United States Merchant Marine Academy Prep School in Kings Point, NY on Wednesday, January 9. On January 16, Sullivan travels to East Greenbush to wrestle against Castleton University, and then returns home to Paul Gerry Fieldhouse for a January 22 match against Lackawanna College of Pennsylvania. That match starts at 6 p.m.

SUNY SULLIVAN BASKETBALL UPDATE

Men and Women Sport Winning Records

by Win Hadley

LOCH SHELDRAKE – The SUNY Sullivan Generals men’s basketball team entered the winter break with a 9-3 record, including six straight wins.

The Generals most recent victory was an 82-61 win over SUNY Orange in front of a crowd of about 400 in Middletown on December 18. A home game against the Community College of Baltimore County was postponed on December 16.

Kevin Smith led the Generals attack against Orange with 24 points in just 27 minutes of play. Arafat Shaibu contributed 14 points and 12 rebounds, while Jamarr Joseph scored 13.

Mr. Smith leads the Generals in scoring on the season with a 20.4 points per game average.

The Sullivan men next see action on January 12 and 13, when they play Niagara County Commu-

nity College and Monroe Community College in Herkimer, NY. They return home on January 17 for a 7 p.m. match-up against Monroe College of the Bronx.

The Lady Generals, meanwhile, entered the break losing three of their last four games, resulting in a 9-6 record on the season. The latest defeat was a heartbreaking 49-48 loss to SUNY Orange, in which Sullivan led by three at the half. Traynise Delaney led the Lady Generals with 18 points, while Jade Walls pulled down 17 rebounds. Former Fallsburg High School stand-out Diamond Weeks led Orange with 16 points.

Ms. Delaney leads the team in scoring on the year so far, averaging 20.3 points per game.

The Lady Generals are next in action on December 18, when Monroe College of the Bronx visits Paul Gerry Fieldhouse for a 5 p.m. encounter.



PHOTO BY JONATHAN HYMAN

Catskill Nordic Ski Club Announces 2019 Schedule

MONTICELLO – The Catskill Nordic Ski Club announces its 42st season of informal, guided cross-country skiing. Please note that all trips are scheduled on Saturdays at 1:30 p.m. unless otherwise noted. The leaders may choose to reschedule to Sunday or change the hour or location or to hold a winter hike depending on weather and snow conditions. It is advisable to call the leader for updated information and meeting location on Friday evening or Saturday morning. Always call the leader to RSVP. Our leaders are prepared to help and encourage new skiers.

JAN. 5: LIBERTY GOLF COURSE, leader: JUDY BRENNAN (845) 292-7832
JAN. 12: FALLSBURG/HURLEYVILLE RAIL TRAIL, leader: LORI BROWN (845) 434-7028
JAN. 19: DOWNS ROAD TRAILS, Leaders: WARREN & JUDY BERGSTROM (845) 794-7631
JAN. 26: MINNEWASKA

STATE PARK (FEE CHARGED FOR PARKING), leaders: WARREN & JUDY BERGSTROM (845)794-7631
FEB. 2: CRAWFORD RD. TRAIL, NARROWSBURG, leader: PAT HALPRIN (845) 434-3841
FEB. 9: HIGH POINT STATE PARK 1 p.m. (FEE CHARGED), leader: DAN GERSTEN (845) 798-6618
FEB. 16: FLUGGERTOWN ROAD, leaders: KATHI & RICH WIDMANN (845) 794-5650
FEB. 23: D & H CANAL & RAIL LINE, leaders: TOM & SHARON LAMENDOLA (845) 800-4332
MARCH 2: MONGAUP POND, leader: SUE GIZA (845) 313-7453
MARCH 9: PARKSVILLE TRAILS, leader: JUDY BRENNAN 292-7832.. THIS WILL BE A POTLUCK TAILGATE.
MARCH 16: ANNUAL MEETING & DINNER. We will have a ski/hike before, weather permitting. Details to come.
For further information, please call our 2019 president, Warren Bergstrom, at(845) 794-7631.

FJSHS and SUNY Sullivan Co-Host CATSKILLS NEW BOT BATTLE

FALLSBURG – The Fallsburg Jr/Sr High School and SUNY Sullivan Robotics Teams co-hosted the Third Annual Catskills Bot Battle on Saturday, December 15 at the SUNY Sullivan Paul Gerry Fieldhouse. Twenty-nine schools from throughout New York State fielded Robotics Teams.

Fallsburg High School Coach and Technology Teacher Don Thomas and SUNY Sullivan Computer Science Professor Cynthia Marcello organized the day-long competition. Dozens of family, friends, classmates and aficionados of robotics filled the fieldhouse seats.

At the end of the competition, VEX Robotics, Official Sponsor of these international events, congratulated Fallsburg teams 99561A and 99561E. Members of the E team are:

Hunter Doty, Jason Hernandez, Edwin Morales, Adira Greer-Padilla, Gisella King and Hannah Nicolai. Members of the A Team are Nicholas Muscia, Harris Basic, Amanda Murtagh, Jaedon Espinoza, Kristian Huttenmeyer and Christos Vernezos.

Both teams qualified for the New York State Championship from Skills based on this season’s new Qualifying Criteria.

Thanks go out to the following groups and businesses for making the New Bot Battle a major success: SUNY Sullivan, for providing the awesome venue and student volunteers; FCSD School Board and Administration; FHS, for contributing a great staff of volunteers, including parents and students; Kristt-Kelly Office Systems Corp. in Monticello, for printing



PHOTO PROVIDED

Fallsburg High School seniors Mickenna Meyer (left) and Edita Lulanaj were volunteers for the Third Annual Robotics Competition organized by Fallsburg Central School District and SUNY Sullivan at the college Field House on December 15, 2018.

programs; Fallsburg Lumber; and Yanni’s Restaurant in Monticello, for feeding the volunteers.

Local businesses who would like to help sponsor or support future events, or

students who would like to get involved and earn volunteer time should contact Don Thomas at dthomas@fallsburgcsd.net or (845) 434-6800.

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